# **NEW TEAM MEMBER**

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# WISCONSIN TREATMENT COURT STANDARDS TRAINING

September 2019

Janesville, Appleton, Rice Lake

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Agenda	New Team Members - Wisconsin Treatment Court Standards Training
8:00 - 9:45 AM	Welcome and Introductions
0.00 - 0.40 AM	Standard 1: Commitment to Evidence-Based Practices
	Standard 2: Equity & Inclusion
	Standard 3: Planning Process
	Standard 7: Recordkeeping & Confidentiality
	Standard 8: Target Population, Eligibility & Referral
I	Standard 9: Screening & Initial Assessment
9:45 - 10:00 AM	BREAK
10:00 - 11:45 AM	Standard 10: Case Planning
	Standard 11: Treatment
	Standard 12: Program Phases
	Standard 13: Drug & Alcohol Testing
	Standard 15: Training
	Standard 16: Community Outreach
	Standard 17: Performance Measures & Evaluation
11:45 - 12:45 PM	LUNCH
12:45 - 2:00PM	Standard 14: Applying Incentives, Sanctions & Therapeutic Adjustments
I	Behavior Modification 101
2:00 - 2:15 PM	BREAK
2:15 - 3:15 PM	Standard 4: Teams
	Standard 5: Judicial Interaction & Role
	Standard 6: Balancing the Non-Adversarial Approach with Due Process
	Concerns
3:15 - 4:15 PM	Role Specific Breakout
4:15 - 4:30 PM	Wrap-up

## Wisconsin Treatment Court Standards Presenter Bios

**Heather Kierzek** is the Treatment Alternatives and Diversion (TAD) Improvement Specialist with the Wisconsin Department of Justice (DOJ). In this position, she provides technical assistance to the TAD programs through coordinating site visits and corresponding reports that evaluate the programs against the WI Treatment Court Standards. She also provides training on the Standards for individual treatment court teams and programs around the state. Heather assisted with the revision of the Wisconsin Treatment Court Standards in 2018 and helps plan the annual Wisconsin Association of Treatment Court Professionals (WATCP) Coordinator's Conference. Previously she worked as the coordinator for the Columbia County Adult Drug Treatment Court and was a Probation & Parole Agent with the Department of Corrections Division of Juvenile Corrections. She also has experience working as a Juvenile Court School Liaison in Iowa. Heather has a Bachelor's Degree in Political Science from Iowa State University.





**Reneé Lushaj** is the Treatment Alternatives and Diversion (TAD) Program Manager with the Wisconsin Department of Justice (DOJ). In this position, she manages over 50 Treatment Courts and over 20 Diversion Programs around the state of Wisconsin, which are state-funded annually at over \$6.4 million. Reneé also conducts site visits with the programs and, along with Heather, provides training on the Standards for individual treatment court teams and programs around the state. She serves as a board member of WATCP and assisted in revising the Wisconsin Treatment Court Standards in 2018. She continues to assist with planning both the annual WATCP Statewide Conference and the Coordinator's Conference. Reneé previously worked for the Wisconsin Department of Corrections as a Probation & Parole Agent in Dane County for over five years. She has a Master's Degree in Social Work and a Bachelor's Degree in Social Work and Psychology, both obtained from the University of Wisconsin-Madison.

**Katy Burke** is the Statewide Problem-Solving Court Coordinator in the Director of State Courts Office, Office of Court Operations. In her role as the state wide coordinator, she provides training and technical assistance to treatment court teams in Wisconsin. Prior to her role in the Office of Court Operations, Burke served as the Vernon County Sobriety Court Coordinator and treatment provider, since its inception in 2011 until her appointment to the state coordinator position in 2016. She holds an A.S. in Criminal Justice and B.S. in Addiction Studies from Viterbo University. Burke is also a certified Clinical Substance Abuse Counselor and previously worked as a sheriff deputy in Vernon County, WI and as a reserve officer in La Crescent, MN.

## New Team Members - Wisconsin Treatment Court Standards Training

#### State Criminal Justice Coordinating Council (CJCC)/Evidence-Based Decision Making

- State CJCC Website <u>https://cjcc.doj.wi.gov/</u>
- WI TAD Statute 165.95 <u>https://docs.legis.wisconsin.gov/statutes/statutes/165/95/9</u>
- TAD Violent Offender Definition -

Resources

https://cjcc.doj.wi.gov/sites/default/files/initiative/TAD%20Violent%20Offender%20Definition%20%26% 20Considerations.pdf

- Treatment Court Coordinator's Forum https://wiggio.com (Contact State Courts Coordinator Katy Burke)
- CJCC Local Program Map <u>https://cjcc.doj.wi.gov/local-program-map</u>

#### **General Websites**

- CCI Center for Court Innovation: <u>http://www.courtinnovation.org/</u>
- Justice Center page on Mental Health Courts: <u>http://csgjusticecenter.org/mental-health-court-project/</u>
- Justice for Vets: <u>http://www.justiceforvets.org/</u>
- NADCP National Association of Drug Court Professionals: <u>http://www.nadcp.org/</u>
- National Rural Institute on Alcohol and Drug Abuse: <u>http://www.uwstout.edu/profed/nri/</u>
- NCDC National Center for DWI Courts: <u>http://www.dwicourts.org/</u>
- NCSC National Center for State Courts: <u>http://www.ncsc.org/</u>
- NCSC National Center for State Courts & Justice Programs Office at American University
- Translating Drug Court Research into Practice (R2P) <u>http://research2practice.org/</u>
- NCSC National Center for State Courts Mental Health Court Resource Guide:

http://www.ncsc.org/Topics/Problem-Solving-Courts/Mental-Health-Courts/Resource-Guide.aspx

- NDCI National Drug Court Institute: <u>http://www.ndci.org/</u>
- NDCRC National Drug Court Resource Center: <u>http://www.ndcrc.org/</u>
   O Includes numerous sample forms and Training and Technical Assistance resources
- NIC EBDM National Institute of Corrections' Evidence-Based Decision Making: <u>http://nicic.gov/ebdm</u>
- NIJ National Institute of Justice page on drug courts: <u>http://www.nij.gov/topics/courts/drug-</u>courts/pages/welcome.aspx
- NREPP National Registry of Evidence-based Programs and Practices: <u>http://www.nrepp.samhsa.gov/</u>
- SAMHSA Substance Abuse and Mental Health Services Administration: <u>http://www.samhsa.gov/</u>
- Tribal Healing to Wellness Courts website: <u>http://www.wellnesscourts.org/</u>
- WATCP Wisconsin Association of Treatment Court Professionals: <u>http://www.watcp.org/</u>

#### National and Wisconsin Treatment Court Standards

• "Adult Drug Court Best Practice Standards Volume I" (NADCP):

#### http://www.allrise.org/sites/default/files/nadcp/AdultDrugCourtBestPracticeStandards.pdf

- "Adult Drug Court Best Practice Standards Volume II" (NADCP) :
- http://www.ndcrc.org/sites/default/files/adult\_drug\_court\_best\_practice\_standards\_volume\_ii.pdf
- "Wisconsin Treatment Court Standards" (WATCP): <u>https://www.watcp.org/wp-content/uploads/2018/12/FINAL-WI-Treatment-Court-Standards-2018.pdf</u>

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#### **Cultural Awareness:**

- Achieving Racial and Ethnic Fairness in Drug Courts (Marlowe):
- http://aja.ncsc.dni.us/publications/courtrv/cr49-1/CR49-1Marlowe.pdf
- "Cultural Competency: It's Impact on Addiction Treatment and Recovery" (ATTC): https://scaoda.wisconsin.gov/scfiles/diversity/DiversityAODAandCulturalCompetence.pdf

Drug Court Cultural Needs Assessment (NDCRC): <u>http://www.ndcrc.org/content/drug-court-cultural-needs-assessment</u>

• "Meeting the Needs of Women in California's County Justice Systems: A Toolkit for Policymakers and Practitioners" (Bloom): <u>http://www.pretrial.org/download/infostop/Womens%20Toolkit.pdf</u>

• "National Standards for Culturally and Linguistically Appropriate Services in Health Care: Fact Sheet" <u>https://www.thinkculturalhealth.hhs.gov/pdfs/NationalCLASStandardsFactSheet.pdf</u>

- "National Standards for Culturally and Linguistically Appropriate Services in Health Care: Final Report": <u>http://minorityhealth.hhs.gov/assets/pdf/checked/finalreport.pdf</u>
- "National Standards for Culturally and Linguistically Appropriate Services in Health Care : A Blueprint for Advancing and Sustaining CLAS Policy and Practice":

https://www.thinkculturalhealth.hhs.gov/pdfs/EnhancedCLASStandardsBlueprint.pdf

• "SAMHSA Behavioral Health Disparities Impact Statement and the TA Partnership Blueprint for Reducing Disparities/Disproportionalities":

http://www.tapartnership.org/events/webinars/webinarArchives/presentationSlides/20130924\_Blueprint WebinarSlides.pdf

 NCSC – National Center for State Courts Mental Healthy Court Resource Guide – Addressing <u>http://www.ncsc.org/~/media/Files/PDF/Topics/Gender%20and%20Racial%20Fairness/IB Summary 033</u> 012.ashx

#### **Evaluation and Research**

 "Action Research: Using Information to Improve Your Drug Court" (Rempel): <u>http://www.courtinnovation.org/sites/default/files/Action%20Research.pdf</u>

• "Assessing the Effectiveness of Drug Courts on Recidivism: A Meta-Analytic Review of Traditional and Non-Traditional Drug Courts" (Mitchell et al.):

http://www.courtinnovation.org/sites/default/files/documents/Assessing\_Efectiveness.pdf

• "Drug Courts and State Mandated Treatment Programs: Outcomes, Costs, and Consequences" (Carey et al.): <u>https://www.ncjrs.gov/pdffiles1/nij/grants/223975.pdf</u>

"Evaluating Correctional Programs" (Latessa):

http://www.unafei.or.jp/english/pdf/RS\_No88/No88\_11VE\_Latessa\_Evaluating.pdf

- "Exploring the Key Components of Drug Courts: A Comparative Study of 18 Adult Drug Courts on Practices, Outcomes, and Costs" (Carey et al.): <u>https://www.ncjrs.gov/pdffiles1/nij/grants/223853.pdf</u>
- "Impact of a Mature Drug Court Over 10 Years of Operation: Recidivism and Costs" (Finigan et al.) : <u>https://www.ncjrs.gov/pdffiles1/nij/grants/219225.pdf</u>
- "The Multisite Adult Drug Court Evaluation" (Rossman and Zweig): <u>http://www.nadcp.org/sites/default/files/nadcp/Multisite%20Adult%20Drug%20Court%20Evaluation%20</u>
   -%20NADCP.pdf

"Using Information to Improve Your Drug Court":

http://www.courtinnovation.org/sites/default/files/Action%20Research.pdf

 "Multi-Site Adult Drug Court Evaluation: The Impact of Drug Courts, Volume 4" (Rossman et al.): <u>https://www.ncjrs.gov/pdffiles1/nij/grants/237112.pdf</u>

#### **Evidence-Based Practices**

- Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidencebased Programs and Practices: <u>http://www.nrepp.samhsa.gov/Index.aspx</u>
- "Behavior Modification 101 for Drug Courts: Making the Most of Incentives and Sanctions" (Marlowe): <u>http://www.ndci.org/sites/default/files/BehaviorModification101forDrugCourts.pdf</u>
- Best Practices in Drug Courts Presentation by Marlowe: <u>http://www.tadcp.org/documents/BestPractices-Dr.Marlowe.pdf</u>
- Drug Court Review: <u>http://www.ndci.org/publications/drug-court-review/best-practices-drug-courts</u>
- "What Works? The 10 Key Components of Drug Courts: Research Based Practices" (Carey et al) : <u>http://www.ndci.org/sites/default/files/nadcp/DCR best-practices-in-drug-courts.pdf</u>

#### Privacy and Confidentiality

• Federal Confidentiality Laws: 42 C.F.R., Part 2 and HIPAA Powerpoint presentation by Hanson and Raine: <u>http://justiceforvets.org/sites/default/files/2015\_conference\_web\_page/Handouts/CG5/CG-5.pdf</u>

- Freedom of Information Act (FOIA): <u>http://www.foia.gov/</u>
- Statutes pertaining to WI public records: <u>https://docs.legis.wisconsin.gov/statutes/statutes/19/II/21</u>
- U.S. Department of Health and Human Services HIPAA page:

http://www.hhs.gov/ocr/privacy/hipaa/understanding/

• U.S. Department of Health and Human Services page on Culturally and Linguistically Appropriate Services in Health and Health Care: <u>https://www.thinkculturalhealth.hhs.gov/Content/clas.asp</u>

• "Wisconsin Treatment Courts: Best Practices for Record-keeping, Confidentiality and Ex Parte Information": http://www.wicourts.gov/courts/programs/docs/treatmentbestpractices.pdf

• 42 CFR: <u>http://www.ecfr.gov/cgi-bin/text-idx?rgn=div5;node=42%3A1.0.1.1.2</u>

#### Legal

• "Drug Court Judicial Benchbook" (Marlowe and Meyer): <u>http://www.ndci.org/publications/more-publications/drug-court-judicial-benchbook</u>

- "Ethical Considerations for Judges and Attorneys in Drug Court" (NDCI):
- https://www.ncjrs.gov/pdffiles1/nij/grants/197080.pdf
- National Association of Drug Court Professionals (NADCP) webinar on Constitutional and Legal Issues: <u>https://ndcrc.webex.com/ndcrc/lsr.php?RCID=ea1c07cd5e12276f8dc08bd0a5a9d2ee</u>
- National Drug Court Institute (NDCI) Constitutional and Other Legal Issues in Drug Court: <u>http://www.ndci.org/law</u>
- Wisconsin Supreme Court Rule 60 Except: Ex parte Communications: http://legis.wisconsin.gov/rsb/scr/5600.pdf

#### **Treatment-related Resources**

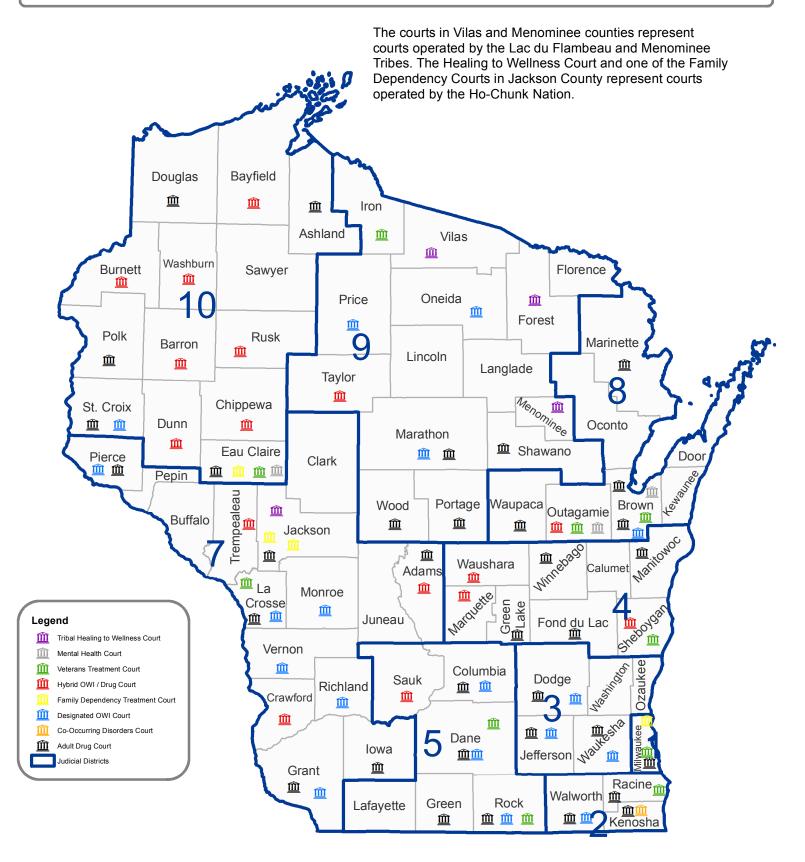
Adverse Childhood Experiences Study (ACES) website/questionnaire:

- http://www.acestudy.org/ace\_score
- Culturally and Linguistically Appropriate Services (CLAS) information:
- https://www.thinkculturalhealth.hhs.gov/Content/clas.asp
- Michigan Association of Drug Court Professionals presentation on criminal thinking: <u>http://madcp.dreamhosters.com/sites/default/files/4F\_Barbour\_Criminal\_Thinking.pdf</u>

• Texas Christian University (TCU) link to criminal thinking scales: <u>http://ibr.tcu.edu/forms/tcu-criminal-thinking-scales/</u>

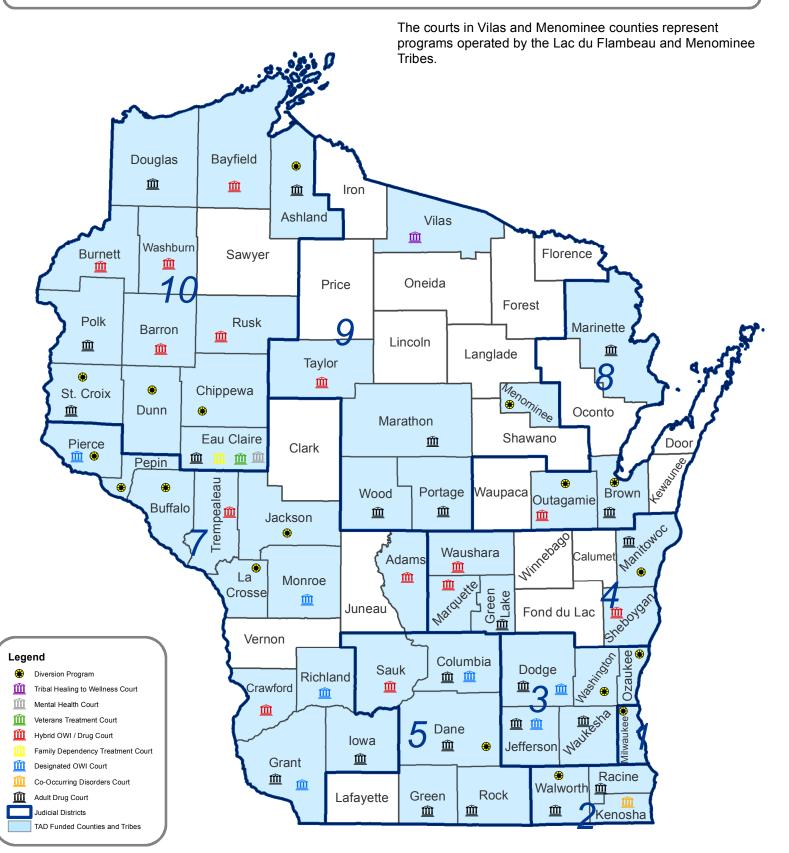
Tool for randomizing drug testing: <u>http://randomization.org/home.htm</u>

## **Wisconsin Treatment Courts**



Wisconsin Department of Justice

### Calendar Year 2019 Wisconsin Counties and Tribes Treatment Alternatives and Diversion (TAD) Funded Programs



# WI Treatment Court Standards Training

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# POWERPOINT PRESENTATIONS

September 2019

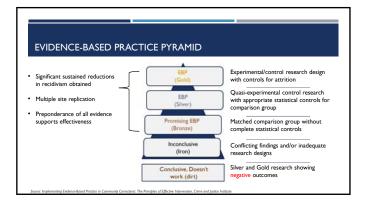
#### STANDARD I – Demonstrated Commitment to Evidence-

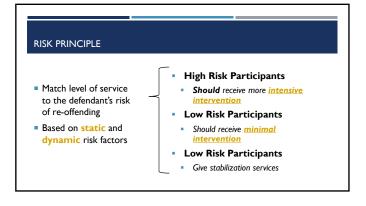
Based Practices

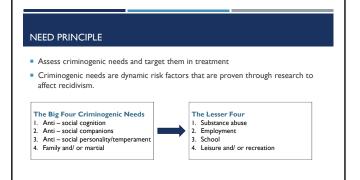
Wisconsin treatment courts are committed to incorporating evidence-based principles in the development of their policies and procedures, including program referrals, design, and deliver of services. Research shows that programs which ignore best practices and fail to have treatment team members attend regular training are those most likely to produce ineffective or harmful results.

### WHAT IS AN EVIDENCE-BASED PRACTICE?

In the criminal justice system, a partnership between research and practice.
 Research is used to determine how effective a practice is at achieving measurable outcomes, including reduction in recidivism and increasing public safety.



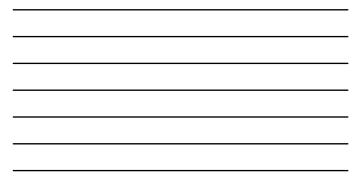




and the two shares of the sheat of the sheat for the	
maximize the offender's ability to learn	n from the intervention.
Initial Needs and Barriers Factors that need to be addresses to increase the participants ability to engoge treatment	Responsivity Factors Individual factors that offect the achievement of treatment goals
Housing     Cloching     Brytical health     Deroxification     Transportation     Child care     Self-care	Anvergridepression     Poor social skills     Self-streem     Inscienceate problem-solving skills     Concrete-oriented training     Mercal liness     Poor verbal skills     Age, gender, carelethnicity     Moroxatonal factors     Learning syles

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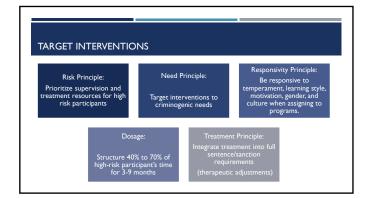
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#### RNR MODEL

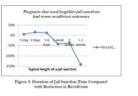
The risk-need-responsivity model states that the risk and needs of an offender should determine the strategies appropriate for addressing the individual's criminogenic factors.

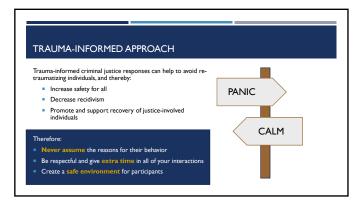
Actuarial Risk Assessment Tool Examples: - COHPA5 - ISI-R - RANT - ORAS - IDA	Need Assessment Tool Examples:           • TCU         GAIN         DAST-20         URICA         SOCRATES         CARS
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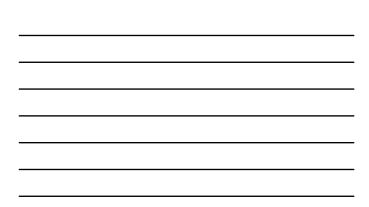


#### PUNISHMENT

- Punishment by itself will not change criminal behavior.
- Focus on <u>incentives</u> & <u>treatment</u>
- Produces at best short term compliance.
- Taken alone it actually increases recidivism.
- Can be effective as a behavioral modification support for treatment and rehabilitation (3-5 days)

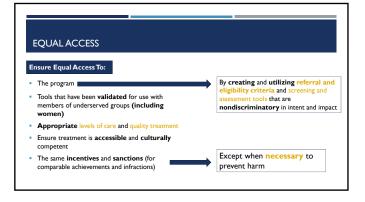






#### STANDARD 2 – Equity & Inclusion

All persons, including those who have experience sustained discrimination or reduced social opportunities because of their race, ethnicity, gender, sexual orientation, sexual identity, physical or mental disability, religion, or socioeconomic status shall have the same opportunity to participant in treatment courts.



# Provide each treatment team member with ongoing, current training to recognize implicit cultural biases and correct disparate impacts for members who have sustained discrimination or reduced social opportunities



#### STANDARD 3 – Planning Process

A collaborative process used by criminal justice system stakeholders to plan and design the treatment court program.

#### ADVISORY BOARD

- Who should be involved?
- Usually a Criminal Justice Coordinating Committee (CJCC), but can be a separate board
- Timing of meetings and functions
- Community mapping
- Review research
- Review and establish program goals
- Review and ensure adequate case management and information tracking systems are in place
   Review and update policies and procedures based on law changes
- Review and modify forms, MOUs, manuals
- Review and modify budget

# Sustainability Set Meeting Times Transitioning

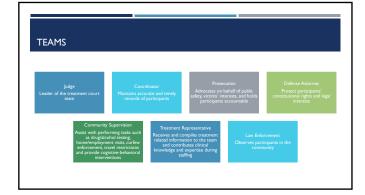
POLICY AND	PROCEDURE	MANUAL		
Mission statement, goals & objectives	Treatment court team & advisory board members	Team member roles/responsibilities & continuity plan	Referral process	Eligibility criteria
Assessment	Program fees (if applicable)	Record-keeping & confidentiality policy	Graduation criteria	Termination process & criteria
Phase structure	Incentives & sanctions guidelines	Testing procedure	Sustainability plan	Program resources

#### PLANNING AND TRAINING RESOURCES

NADCP & WATCP Annual Conferences
 NDCI Training
 NDCRC Resources
 Mentor Courts
 National Rural Institute
 Webirars
 WMCTCP Coordinators' Conference (October 3-4)
 Coordinator's Forum (Wiggio)

#### STANDARD 4 – Teams

The treatment court team is comprised of a dedicated group of professionals who are responsible for managing and overseeing the day-to-day operations of the program, including the administration of treatment and supervisory services.



#### ROLE OF THE JUDGE

#### Leads the Treatment Court & the Team

- The role of the Treatment Court judge is different from traditional role
- Still responsible to assure constitutional guarantees of due process, but in consultation with team members
- Judge has disproportionate impact on success of participants
- At least 4:1 (better 6:1 or 10:1) positive to negative response ratio

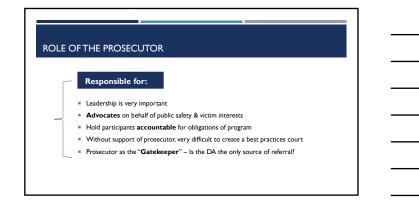
Say every positive thing you can honestly say, as often as you can!!

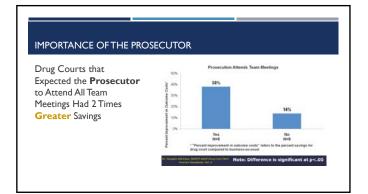






OLE	OF THE CASE MANAGER
_	Responsible for:
	Case Planning
	Crisis Management
	In Phase I
	<ul> <li>Level of dysfunction is pervasive</li> </ul>
$\prec$	<ul> <li>Brain function severely damaged from years of use</li> </ul>
	<ul> <li>Small issues seem insurmountable – all or nothing thinking</li> </ul>
	<ul> <li>Keeping appointments is challenging</li> </ul>
	<ul> <li>Looking for any excuse to use – ACCOUNTABILITY IS CRUCIAL</li> </ul>
	<ul> <li>Support system is damaged</li> </ul>
	<ul> <li>Case manager is sometimes their ENTIRE support system</li> </ul>

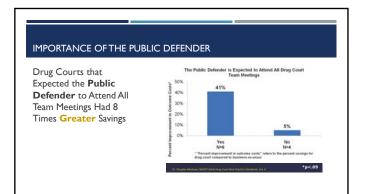




#### ROLE OF THE PUBLIC DEFENDER

#### Responsible for:

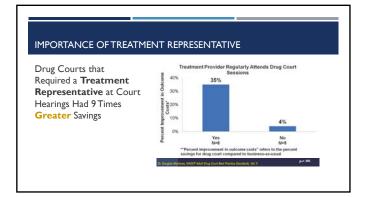
- May differ depending on whether your court is pre- or post-conviction
- Ensures participants' constitutional rights are protected
- Defense attorney serving on the treatment court Team cannot represent program participants
- A consistent matrix of behavior responses will help guide team and ease conflict for defense attorney
- In post-conviction treatment courts, participation is a condition of probation
- They are entitled to defense representation when they face a jail sanction or termination

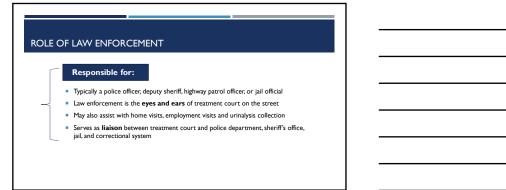


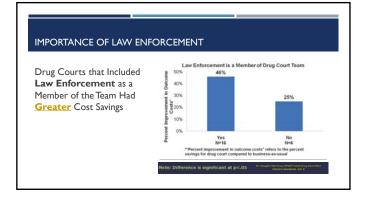
#### ROLE OF TREATMENT REPRESENTATIVE

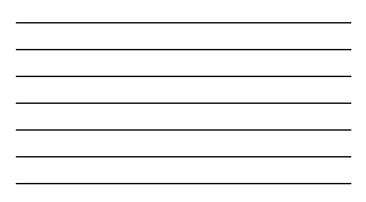
#### Responsible for:

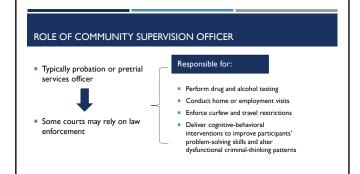
- Addiction counselor, social worker, psychologist, or clinical case manager
- Receives clinical information from various programs responsible for treating participants
- Report this information back to the team
- Contribute clinical knowledge and expertise during team deliberations











#### PRE-COURT STAFF MEETINGS

- Required component of the treatment court model
- Review participant progress, develop a plan to improve outcomes, and prepare for status hearings in court
- Consistent attendance by all team members = significantly better outcomes
- Treatment courts were 50% more effective at reducing recidivism when all team members consistently attended staffing's

#### PRE-COURT STAFF MEETINGS

- Staffing's are presumptively closed
- Contested matters must be addressed and resolved in open court
- Participants may join staffing's when clinically indicated or necessary to avoid public disclosure of highly sensitive information



#### SHARING INFORMATION

<u>Participants and Staff</u> rate communication among team members as one of the most important factors for success in treatment court Consistent communication ensures:

- Participants are not forced to repeat the same information to multiple people
- Participants receive consistent messages
- Participants do not fall through the cracks
- Participants do not elude responsibility for their actions by selectively providing different information to different team members
- HIPAA controls how and under what circumstance information may be disclosed (U.S. DHHS, 2003)
- It does not prohibit from sharing information related to substance use and mental health treatment (Matz, 2014; Meyer, 2011b)

#### TEAM COMMUNICATION & DECISION MAKING

- Team serves essentially as a panel of "expert witnesses" for the judge (Bean, 2002; Hora & Stalcup, 2008)
- Team members have an obligation to contribute relevant observations and insights Triangulation/staff splitting – Placing blame three ways

#### Recommend use of NIATx Techniques: Avoid ego centered communication

- Reframe neutrally
- Reinforce others first Empathetic listening

#### STANDARD 5 – Judicial Role & Interaction

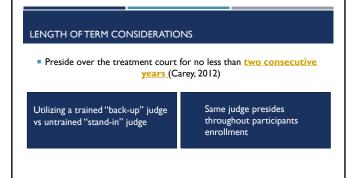
The effective treatment court judge acts as leader, communicator, educator, community collaborator, and institution builder. The treatment court judge interacts frequently and respectfully with participants, and gives due consideration to the input of other team members.

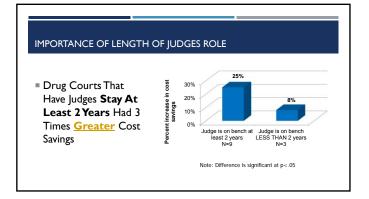
#### THE ROLE OF THE JUDGE NO LONGER ENDS AT SENTENCING

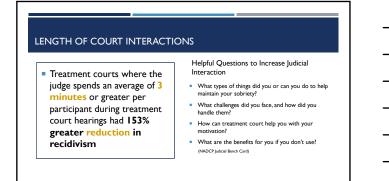
- Judge as leader of the treatment court team
- Continuity of relationship between judge and participant
- Admission to Commencement

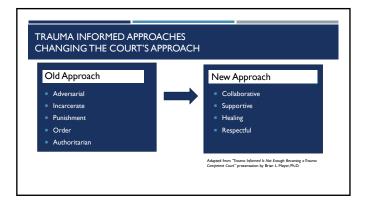


thority cares and believes I can succeed"

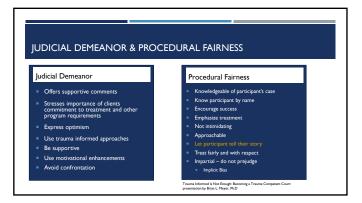












#### SUCCESSFUL PRACTICES

- Don't shame or call names
- Follow the experts recommendations
- The team is your "expert witnesses"
- Listen to the team, but use your discretion
- Adhere to procedural fairness
- Become knowledgeable on the topics of addiction, alcoholism, recovery, brain disorders, mental illness, and pharmacology
- Respond to compliance concerns in a therapeutically appropriate manner
- Rely on your treatment provider(s) to make treatment decisions (increase or decrease dosage and programming)

#### Trauma - Informed Courtroom Considerations/ Setup

- Ambient noise, distraction
- Participant amplified
- Closeness to bench
- Participant next to lawyer
- Who is first addressed by judge
- Level of eye contact
- Location of staff



#### TREATMENT COURT ENVIRONMENT

#### Order of cases

- Time spent with participant
- Frequency of courtroom sessions
- Judge addresses gallery
- Participant addresses gallery
- Physical contact
- Arranged seating

#### LANGUAGE MATTERS

- Effective disapproval
  - "Right now, how do you think this behavior has or could hurt you?"
- "Let's talk about what you could have done instead, and how that would have looked."
- "I am confident that you are able to turn this around and when you come back next time, I want to hear about how well you are doing."
- Effective reinforcement
- "I really liked how you <u>(describe compliant behavior</u>) because <u>(describe WHY the behavior was good FOR THE CUENT)</u>
   "Can you see where it might have any long term benefits for you?"
- "I'm really proud of you. Keep up the great work!"
- Clean/dirty vs. positive/negative
- Addict vs. person with a substance use disorder



#### THE COURTROOM IS A CLASSROOM

 The judge has the ability to shape and reinforce individual accountability



- The judge can communicate important principles by:
  - Engaging the treatment court audience, the team and setting examples

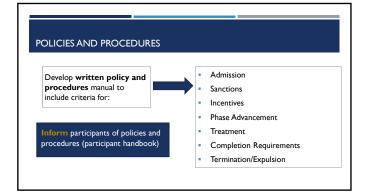
#### JUDICIAL RESOURCES

- Use the NDCI/NJC checklist
- Read the Judicial Benchbook
- NADCP and WATCP Conference
- Judicial Conferences and Seminars

#### STANDARD 6 -

Balancing the Non-Adversarial Approach with Due Process Concerns

Treatment courts must protect a participant's due process and constitutional rights while promoting public safety and working in a non-adversarial fashion.







#### DUE PROCESS

Procedures for drug testing include a clear chain of custody for the samples and the opportunity for timely confirmation testing

The team and the participant understand that due process rights within a treatment court are separate from DOC supervision and revocation procedures

#### RECOGNIZE THE ROLES

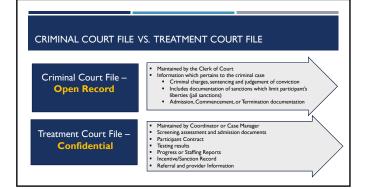
Each discipline has its own **ethical obligations**, and each represents diverse professional philosophies and interests.

**Understand** and **respect** the boundaries and responsibilities of other team members.

#### STANDARD 7 – Recordkeeping & Confidentiality

Treatment courts contemplate the integration of criminal case processing and treatment participation. Sharing of limited confidential medical and treatment information is a necessary function of treatment court operations. However, the need to share such confidential information must be balanced with the presumption that the criminal court proceedings are open to the public.

In order to comply with state and federal record keeping expectations for legal and medical information, all problem-solving courts must develop a bifurcated filing system to protect confidential records as much as possible, while still providing a complete record or judicial action in the open court file.



#### FREEDOM OF INFORMATION ACT (FOIA) - WIS. STAT. S. 19.31 ET. SEQ.

- Laws designed to guarantee that the public has access to records
- This pertains to all records not already required to be maintained as open for the public
- "<u>Record</u>" is any document, regardless of physical form that "has been created or is being kept by" an authority. Wis. Stat. s. 19.32(2)
- "<u>Authority</u>" includes any of the following having custody of a record:
- State or local office
- Elective officialPublic body, corporate or politic
- Or a formally constituted subunit of the above
- "<u>Requester</u>" is any person who requests inspection or copies of a record, except a committed or incarcerated person. There are many exceptions.

#### WHY IS THIS IMPORTANT?

# The Court should <u>not</u> receive and retain confidential information. Judicial empils are subject to EOIA

- Coordinators and case managers should <u>not</u> be court employees – all records are then subject to FOIA
- All records to be provided should be reviewed to determine if must be disclosed and whether redactions are appropriate and needed
- Develop policy and procedures for record keeping in your program
- Develop process for open records requests, orientation of new team members and participants

#### CONFIDENTIALITY & TREATMENT COURTS

- Treatment information and records are confidential
- In general, they can only be released to others with the informed written consent of the individual, if competent, or the guardian
- The rule covers both verbal information and treatment records
- There are many exceptions
- All records that are created in the course of providing services to individuals for mental illness, developmental disabilities, substance use treatment are confidential
- Treatment records do not include staff's notes or records maintained for their personal use that will not be shared with others

#### FEDERAL CONFIDENTIALITY LAWS

#### 42 U.S. Code 290dd 42 C.F.R. Part 2

 Confidentiality of Alcohol and Drug Abuse Patient Records – regulates drug and alcohol programs

#### 42 U.S.C. § 290dd-2(a)

 Provides that records of the identity, diagnosis, prognosis, or treatment of any patient shall be confidential and disclosed only for certain authorized purposes, and 42 CFR § 2.12(a) applies these restrictions to substance abuse treatment

#### RECORD KEEPING & CONFIDENTIALITY

- Obtain all necessary waivers and consents from participants at their orientation to court
- To be legally valid an informed consent document must specify what data may be shared, with whom, and include authorized period of time



#### TEAM COMMUNICATION

- Therapist/ treatment providers: privilege, signed releases of information
- Do these cover staffing's?Hospitals: HIPAA, release of information
- Health and human services: releases, etc.
- What are the potential consequences for a violation of confidentiality?
- Designated privacy official
- Review code of ethics, HIPPA, email usage, waiver/consent forms, CORE access, CFR 42, FOIA policies, waiver of ex-parte communication
   Mol II. I. I. do a discussion accessed information on the band.

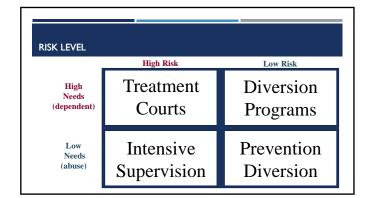
#### MOUs + Judge discussing personal information on the bench

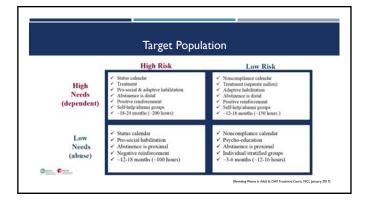
#### HELPFUL RESOURCES

- HIPAA
- = 42 U.S. Code 290dd, 42 C.F.R. Part 2
- Wisconsin Statute Chapter 51.30
- NADCP presentation on confidentiality (Steve Hanson and Valerie Raine)
- Wisconsin Treatment Courts: Best Practices for Record Keeping, Confidentiality and Ex Parte Information <a href="http://www.wicourts.gov/courts/programs/docs/treatmentbestpractices.pdf">http://www.wicourts.gov/courts/programs/docs/treatmentbestpractices.pdf</a>

#### STANDARD 8 – Target Population, Eligibility & Referral

Effectiveness is maximized in treatment courts when the target population is high-risk, high-need determined by the use of a validated assessment tool. Eligibility and exclusionary criteria must be objective, clearly documented, measurable and easily communicated to treatment court team members, treatment providers, key stakeholders and community partners.







#### Target Population

- TARGET POPULATION MUST be High-Risk / High-Need (HR/HN)
   Treatment Courts are MOST EFFECTIVE on this population
- Alternate Tracks if unable to target High Risk / High Need Population
   Offer modified services to meet the assessed risk and needs

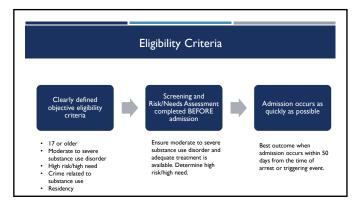
DO NOT MIX participants with different risk levels

Consider counseling groups, residential housing unit, court room, waiting room, etc.

(Revisiting Phases in Adult & DWI Treatment Courts, NDCI, January 2017)

#### Eligibility Criteria

- Objective Eligibility Criteria based on Assessment
- Clearly Define, Document and Use Eligibility Criteria
- APPLYING OBJECTIVE CRITERIA
   DO NOT use subjective criteria or personal impressions to determine participants' suitability for the
- program
- Screening & Risk/Needs Assessments completed <u>before</u> admission/acceptance decision
   Medication Assisted Treatment (MAT) use cannot disqualify someone from consideration
- Participation is Voluntary



#### Considering Violent Offenders

Things to think about:

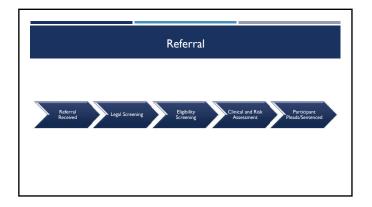
- Funding Source (TAD's "violent offender" exclusion)
- Grant Requirements
- Team/Community Risk Tolerance

# Figure Strict Attorney Probation & Parole Agent Defense Attorney Case Worker Law Enforcement Self/family referral

- Treatment Provider
- Pretrial Staff

#### **Referral Process**

- Referral source?
- Date of referral?
- Who has access to the referral form?
- Any roadblocks in receiving referrals?
- Who presents the referral?
- Who does the referral actually go to?
- Mapping the referral process & decision points
- Who reviews the referral?



#### Additional Referral Types

- DOC Alternatives to Revocations (ATR)
- Extended Supervision Cases (ES)
- Sentencing After Revocation (SAR)
- Out of County
- Previous Participants
- Transfers

#### Referral Form Content

- DOB
- County of residence/Contact information
- Risk level do they have a recent assessment? (if available)
- Dependence diagnosis do they have a recent assessment? (if available)
- Current charge previous convictions
- Prior treatment
- SID/SS Number

## Main Points to Remember

- 1) High-Risk / High-Need Population
- 2) Objective Eligibility Criteria
- 3) Early Identification & Referral
- 4) Use Validated Assessment Tool
- 5) Substance Use Disorder (SUD)



## STANDARD 9 -Screening & Initial Assessment

Potential participants are promptly screened and assessed to determine program eligibility and adequate/appropriate treatment services. Screening determines if a prospective participant meets predetermined objective requirements for further assessment. Professionals with specialized education and training in the use of tools then conduct validated risk and needs assessments to determine a prospective participant's criminogenic risk and treatment needs. Assessment results determine if a person is eligible for treatment court participation.



## **Targeting Interventions**



Risk Principle (Who?)

Needs Principle (What?)

 Target interventions to address the criminogenic needs directly linked to criminal behavior

Responsivity Principle (How?)

Address individual characteristics when matching individuals to appropriate services Responsivity factors - gender, culture, developmental stages, motivation to change, learning styles, etc.

#### Developing Rapport



- Orientation To The Assessment Process?
  Will You Assess During Your First Meeting?
  Single Vs. Multiple-stage?



#### What Is Risk?

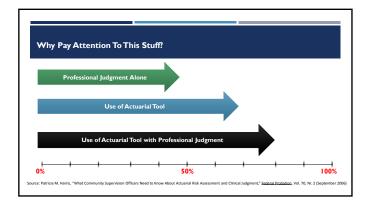
Risk is derived primarily by assessing static risk factors Depending on the tool, dynamic risk factors may also factor in.

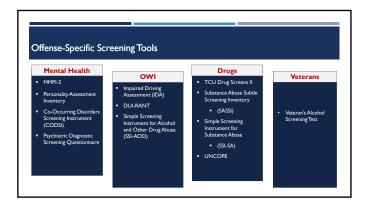


A. Gender, Mental Health Diagnosis, Motivation

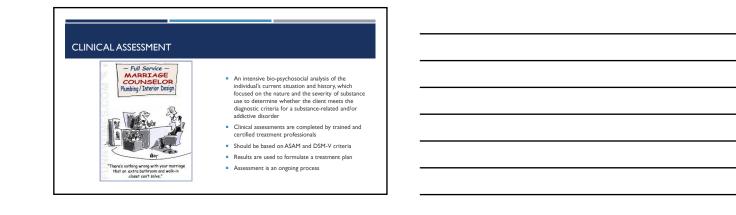
- B. Treatment History, Mental Health Diagnosis, Support In The Community
- C. Age, Criminal History, Age Of First Arrest



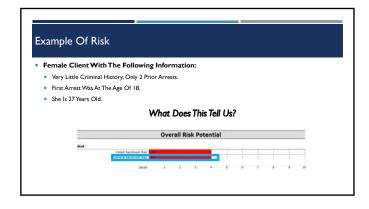


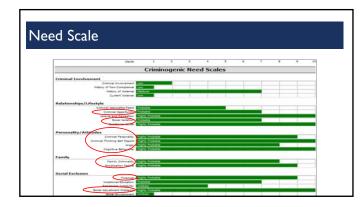






Risk and N	Needs Matrix			
		High Risk	Low Risk	
	High Needs	<ul> <li>Supervision</li> <li>Treatment</li> <li>Pro-social habilitation</li> <li>Adaptive habituation</li> </ul>	Treatment     Pro-social habituation     Adaptive habituation	
	Low Needs	Accountability     Pro-social habilitation     Adaptive habilitation	Secondary prevention     Diversion	





#### STANDARD 10 – Case Planning

Case planning is the process by which the staff and participant identify and rank criminogenic/responsivity needs following completion of a validated risk and needs assessment tool. This process uses criminogenic and responsivity factors to establish agreed-upon proximal and distal goals and identifies resources to ensure participant success.

#### WHAT IS CASE PLANNING

Process by which:

 staff and participant identify and rank criminogenic/ responsivity/ maintenance needs

 (following completion of a validated risk and needs assessment tool)

- criminogenic and responsivity factors are used to establish agreed-upon proximal and distal
  - goals
     (identify resources to ensure participant success)

Case plan addresses a broad range of participants needs and is **NOT** the treatment plan \_\_\_\_\_

Fluid and dynamic

document!

#### CASE PLAN COMPONENTS

- Identify client risk level and criminogenic needs
- Defines participant responsibilities
- Target moderate/high need and responsivity factors first!
   Clearly/concisely articulate client goals related to their needs – specific goals so participants know what is expected of them – build a roadmap
- Incorporate assessments of readiness for change

At minimum, case plan should be reviewed every six months

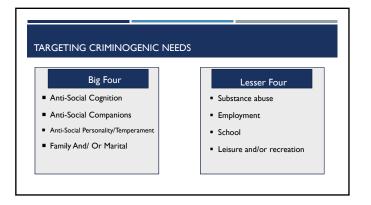
RESPONSIVITY NEEDS		
<ul> <li>When participants first enter Treatment Court</li> </ul>	Initial Needs and Barriers Factors that need to be addressed to increase the participants ability to engage in treatment	Responsivity Factors Individual factors that affect the achievement of treatment goals
<ul> <li>One of the most pressing goals is to ensure that they remain in treatment and comply with other reporting obligations</li> <li>Requires resolution of symptoms or conditions that are likely to interfere with attendance or engagement in treatment</li> </ul>	Housing     Clothing     Physical health     Detoxification     Transportation     Child care     Self-care	Anxiety/depression     Poor social skills     Self-exteen     Inadequate problem-solving     skills     Concrete-oriented thinking     Menal illenes     Poor verbal skills     Age, gender, nace/ethnicity     Motivational factors     Learning styles

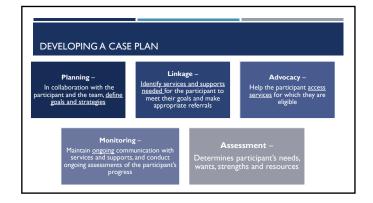
PLANNING AND	TRAINING	RESOURCES

- Severe Mental Illness
- Homelessness or Unstable Housing
- Trauma
- Motivation
- Withdrawal
- Anhedonia (diminished ability to experience pleasure)
- Other Basic Needs, (dental, eye sight, clothing appropriate for weather, child support, unpaid fines, food share, health insurance, STD testing, transportation, cell phone, medical needs etc.)
- Target these needs  $\rightarrow$  prevent participants from failing or dropping out of treatment early  $\rightarrow$  increase retention

#### CRIMINOGENIC NEEDS

- If not addressed- participants will have an increased risk to reoffend
- Deliver after the participant has stabilized, once responsivity needs have been addressed
- Criminal Thinking often leads to failure in Treatment Courts







REVIEW CASE PLAN

Case Plan Is A Dynamic Document

Review And Update No Less Than Every <u>6 Months</u>

Participant Report	Frances Kert Date	in the second se
Participant Name	Program (Karl June Musleade at Wigh Rak Taches) from CRAS Screening - Date of Screen	
Rob Factor	Muderate or righ flux factors from (RAC Screening - Date of Screening)	
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- Advantum, Brig, Finan	-	
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ΓEGR,	ATED CASE PLAN EXAMPLE
	Name She Market Rang Sales Sales
	trolicate Risk areas to be targeted during the phase along with specific details.
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	2 Altohader, Valuer, Belathy
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	a Personality Characteristics
	a family
	a Marahin/Deplement
	a tasardowanian
	Requirinity factors to be addressed:
	2 Statisfillity or Lack of Service Supports (e.g. sub-Security et al.)
	3 Merced Health Sprighters;
	2 Medical/Medic
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#### STANDARD II – Treatment

Treatment courts must provide prompt admissions to continuous, comprehensive, evidence-based treatment, social and trauma informed rehabilitation services to meet a participant's criminogenic needs and substance use disorder needs.



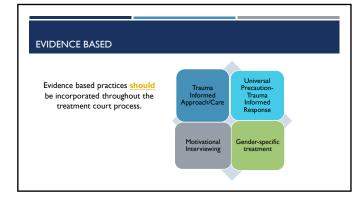


#### TREATMENT PLAN CONTENT (DHS 75)



- Describe the patient's individual or distinct needs Specify short and long-term individualized treatment goals expressed in behavioral and measurable terms.
- Explained in a terms that are **understandable** to the patient.

- patient. Expressed as Specific, Measureable, Attainable, Realistic, Time-specific, (SMART) Specify the transment, rehabilization, and other therapeutic interventions and services to reach the patient's transment goals. Describe the criteria for discharge from services. Provide specific goals for treatment of dual diagnosis with input from a mental health professional



#### TREATMENT RECOMMENDATIONS

- Phase I participants are seen at least once per week by a treatment provider or clinical case manager
- Mental health, addiction, and complementary services are treated with an integrated approach
- Participants encouraged to attend regular support groups or self-help groups such as AA, NA, Smart Recovery
- · Final phase should focus on relapse prevention
- Continue support for at least 90 days after discharge from treatment court

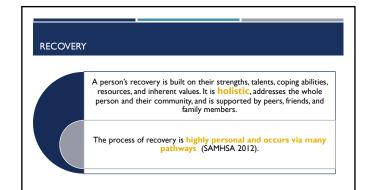


#### EVIDENCE-BASED TREATMENT CURRICULUM EXAMPLES

- Matrix Intensive Outpatient ProgramDialectical Behavior Therapy (DBT)
- Cognitive Behavioral Coping Skills Therapy
- Multidimensional Family Therapy (MDFT)
- Seeking Safety
- Moral Reconation Therapy (MRT)
- Aggression Replacement Training (ART)



Participants should			to 70% of high-	tensity (Aduli risk offenders' t	
receive approximately			mor	nths.	
200 hours of counseling over 9-12		Low Risk	Moderate Risk	Moderate/ High Risk	High Risk
month period	Dosage	Not Applicable	100 Hours	200 Hours	300 Hours
Treatment plans should			3-6	6-9	9-18
include dosage	Duration	Minimal	3-6 Months	6-9 Months	9-18 Months



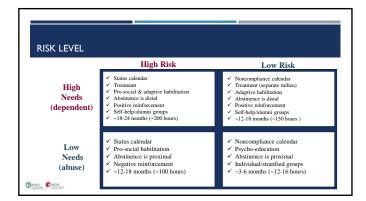
## STANDARD 12 – Program Phases

Treatment courts have significantly better outcomes when they have a clearly defined phase structure and specific behavior requirements for advancement through the phases. Phase advancement rewards participants for their accomplishments and puts them on notice that the expectations for their behavior have been raised accordingly. Outcomes are significantly better when rehabilitation programs address complementary needs in a specific sequence.

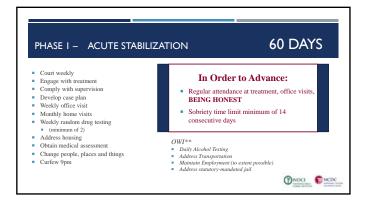
#### IMPORTANT POINTS TO KNOW

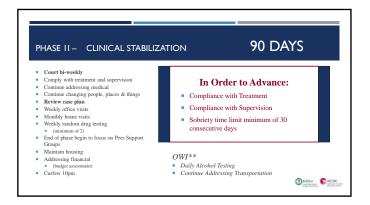
- Minimum length of a treatment court program is 12-14 months
- Treatment phases are separate from treatment requirements
- Phase requirements reflect the <u>proximal</u> and <u>distal</u> goals of the high risk/high need participant
- Phase demotion is <u>contraindicated</u> and can be detrimental to the participant's success



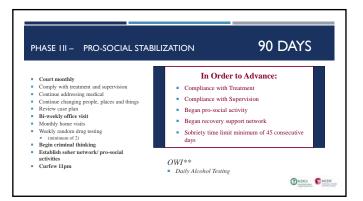






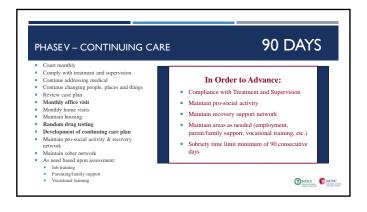



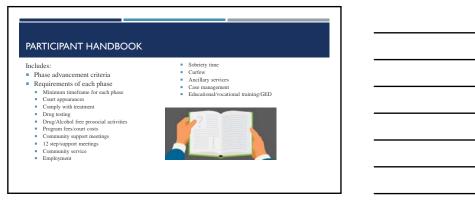










#### STANDARD 13 – Drug & Alcohol Testing

Efficient and accurate monitoring of drug court participants is crucial for long-term program effectiveness. Drug testing serves as a tool for treatment court teams to direct appropriate interventions that support participant goals. In order for case adjudication to be appropriate, consistent, and equitable, drug detection procedures must produce results that are scientifically valid and forensically defensible.

#### CORNERSTONE OF TREATMENT COURT OPERATIONS

- Monitor use through accurate and rapid detection
- Act as a deterrent for future use
- Provide incentive, support, and accountability to participants
- Tool to direct appropriate interventions



#### BEST PRACTICES

- Random-2x/week minimum
- Varied methods of testing (urine, blood, breathalyzer, ankle bracelet etc)
- Test as often as possible and for various substances
- Collection should be observed by a trained professional
- Become familiar with drug detection times
- Participants are made aware of policies and procedures related to drug testing



#### ADULTERATION AND TAMPERING Protocols to Avert Adulteration Common Types of Adulteration and Detect Tampering

- Dilution (e.g. water loading)
- Addition of a household chemical (e.g. bleach)
- Submission of another's specimen
- Use of diuretics
- Use of synthetic urine delivery devices (e.g. Whizzinator, Urinator, WizClear)

#### Observation by witness of same sex

- Minimal volume requirements
- Limit amount of fluids consumed
- Establish time limit to produce sample
- Observe: Color, appearance, odor, temperature, pH, specific gravity, creatinine

#### SAMPLE INTEGRITY

- Scientifically valid, therapeutically beneficial and legally defensible
- Maintain record of prescribed medications
- False positives will happen
- Participants can dispute results
- No sanction without admission or lab confirmation



#### CONCLUSION

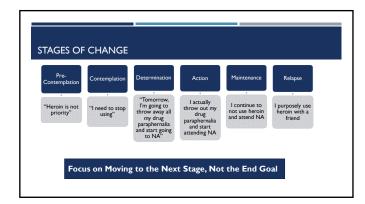
## LACK OF CONSISTENCY CAN BRING ON A LACK OF INTEREST.

- In focus groups, treatment court participants consistently identified frequent drug testing as one of the most influential factors in their success in the program
- The more frequently you perform urine tests, the higher graduation rates and lower recidivism

#### STANDARD 14 – Applying Incentives, Sanctions & Therapeutic Adjustments

Incentives and sanctions for participants' behavior should be administered following evidence-based principles of effective behavior modification.









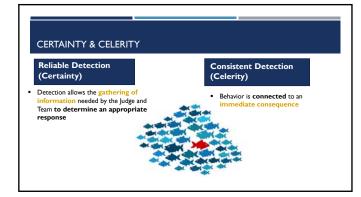
#### BEHAVIOR MODIFICATION IN TREATMENT COURTS

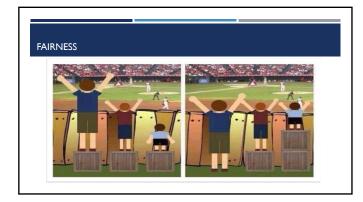
SANCTIONS: Decrease Behavior

INCENTIVES: Increase Behavior

THERAPEUTIC ADJUSTMENTS: Treat Behavior

SUPERVISION & DRUG TESTING: Monitor Behavior







#### KEEP IN MIND

Understand: this is about them, not about you. Responses are in the eyes of the behaver, not you.

#### CONSIDERATIONS

#### BEHAVIOR RESPONSES:

- WHO are they in terms of risk and need?
  WHERE are they in the program (phase)?
- WHERE are they in the program (phase):
   WHY did this happen (circumstances)?
- WHICH behaviors are we responding to?
  - Proximal or distal?
- WHAT is the response choice/magnitude?
  HOW do we deliver and explain the response?

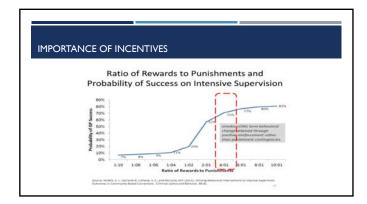
TREATMENT / SUPERVISION CHANGES?

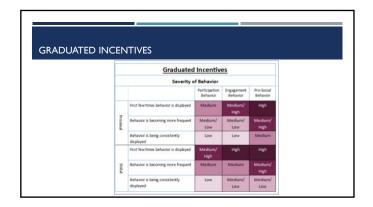


ach Positive And Negative Behavior 1ust Be Addressed	Sanctions Proximal Goal Violations Consistently	Incentivize Productive Behavior
Aim for a 4:1 or higher ratio     Behaviors must be addressed	<ul> <li>Increase magnitude for subsequent violations</li> </ul>	<ul> <li>Decrease magnitude of incentives for subsequent productive behaviors</li> </ul>
<ul> <li>Behaviors indicible addressed promptly</li> <li>Failing to address to address negative behavior condones it</li> </ul>	Use Therapeutic Adjustments And Low Level Sanctions For Distal Goal Violations	Consider Needs And Responsivity Factors When Applying Incentives And Sanctions
<ul> <li>Failing to address positive behavior decreases the likelihood it will be repeated</li> </ul>		Reliable Monitoring

#### APPLYING INCENTIVES AND SANCTIONS

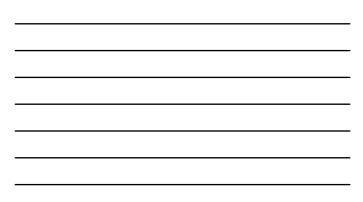
- Unearned Leniency
   Withhold sanctions only to reward positive behavior
- Magnitude Of Rewards And Sanctions
   Avoid habituation and ceiling effects
- Fairness
   Incentives and sanctions must be perceived as fair to be effective
- Specificity
   Infractions and achievements should be clearly defined in objectively measurable behavior terms
   Incentives and sanctions should also be clearly defined
- Consider Needs And Responsivity Factors When Applying Incentives And Sanctions
- Noncompliance Vs. Non-responsiveness









#### FACTORS INFLUENCING RESPONSE LEVEL

- Mitigating Factors

   • Lack of compliance due to physical or metal impairment, a validated by a medical professional

   • Has actively and consistently demonstrated positive engagement and progress with treatment court goals

   • Higher level sanction would significantly destabilize positive adjustment

   • Extenuating personal circumstances/significant life stressors

   • Significant time span between violation and discovery violation of own volition

   • Honestry/accepting full responsibility for actions

   • Coerconduress/self defense

   • Responsivity needs influencing behavior

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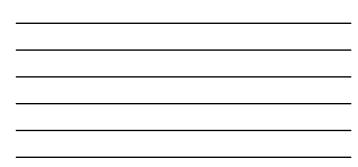
- Violation is directly related to current offense
   Continued pattern of previous criminal behavior
   Vulnerability of victim or others
   Extreme cruelly or injury to victim or others
   Weapon or implied weapon usage
   Evidence of esclating mental health symptoms and/or
   drug/alcohol addiction
   Chronic pattern of violence
   Critical threat to self, participant or community safety

RMINE	THE RES	PONSE				
4		TREATMENT	COURT INDUTIONS IN	STANGTONS		
High Incentive	Medium incentive	Low Incentive	Category	Low Sanction	Medium Sanction	High Sanction
		-"Sood effort this week." "I appreciate you being on time." -"I can tell you are working hand to make improvements."	Verbal*	-'How do you think this behavior has hurt you?" -'Why is it important to be on time?"		
-Prace advancement -Craduation	Apportment as im- program peer mentar -Ad-Sam Ist -Polytowid Drawing -Prest up in court -Carly-release from court	-Sobiety Chys., kayChairs, Islands, Stones -HandDlake, applieuse -Centificates of achievement -Latars of commandation -Posted accomplichments -Jeans, ordean	Symbolic Programmatic	-Arites assgenents -antes of applage -Court observations -douby logs -tournaling -detector focused homework	- Team Roundtables -Loss of program -Losi of program -Lonnwarthy service	-Detay of phase Advancement -These extension -Termination
-Travel privileges Weekend passes -Overnight passes -Antrestadorships -Removal of electronic monitoring	Cass frequent protation/case manager contacts -Less frequent status hearings -Later confere -Aniand area restrictions -Seff-heig group facilitation		Community Liberty or Standing	-imposed curfex-learlier curfex -increased person or area restrictions -increased program contacts	Holding cel (return at end of day for ount) Community service -cans of travel privileges	Electronic monitoring Also contact orders Hanne detention -One reporting -Fligh jel sanction (1-5 dept) -Loss of leadership protition -Saturday reporting



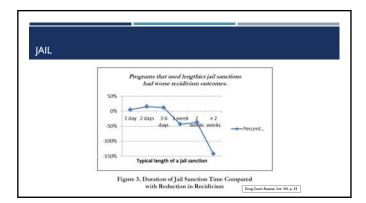
Important to be reinforced by the judge





# A WORD ABOUT SANCTIONS PHASE DEMOTION Should VERY RARELY be used, IF EVER Once a participant has achieved the goals and been recognized for completing a phase, they should not have to repeat the phase Most often, it is more appropriate to do a phase hold or delay in advancement until the participant has returned to previolation behavior JAIL SANCTIONS

- Often not effective
   Can make a participant's situation much worse
   Should be reserved for serious infractions
   Public Safety
   Illegal Activity
   Preventative detention is illegal





#### STANDARD 15 -Training

To promote effective treatment court planning, implementation, and ongoing operations, treatment courts must assure continuing education of team members. Programs that ignore best practices and fail to attend training conferences are more likely to produce ineffective or harmful results.

#### TREATMENT COURT TEAM TRAINING Continued training promotes effective treatment court planning, implementation, and ongoing operations Treatment courts must assure continuing education of all team members

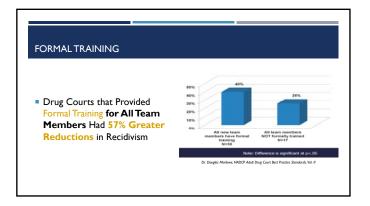
conferences on best and evidence-based practices, trauma-informed care, implicit biases, and role specific training



#### TREATMENT COURT TEAM TRAINING

- Treatment court is responsible for transition of new team members
  - Including sufficient training and orientation training for new team members
- Each treatment team member must obtain and document their continuing education







#### STANDARD 16 – Community Outreach

Engage in community outreach activities to garner support for the treatment court approach and identify and sustain key partnerships. Community buy-in will help improve program operations and outcomes, help to sustain specialized court dockets, improve access to community resources, and ensure consideration of the community's best interests, including public safety.



#### TREATMENT COURT ADVISORY BOARD

Criminal Justice Coordinating Council (CJCC) or similar board

- Local government officials, treatment providers, medical providers, law enforcement, business owners, department of corrections, defense attorney, human services, self help community members, etc.
- State resource Tommy Gubbin, Special Projects Coordinator, Office of Court Operations



#### WHAT DOES THE BOARD DO?

- Conduct a community mapping exercise
- Develop and review treatment court policy and procedure manual
  Develop community outreach plan and review yearly



#### COMMUNITY OUTREACH - HOW

- Share information with local civic organizations
- Fundraising (consider ethical implications)
- Town hall/community meetings
- Attend public events –festivals, parades, national drug court month
- Develop a marketing plan
- Track collateral benefits provided by the treatment court
- community service
- drug free babiesreduction of crime
- licensed and employed participants
- restitution and fees paid



#### STANDARD 17 – Performance Measurement and Evaluation

Treatment courts engage in ongoing data collection, performance measurement, and evaluation to assess adherence to the Ten Key Components, Wisconsin State and NADCP National Standards, evidence-based practices, and specific program goals and objectives.

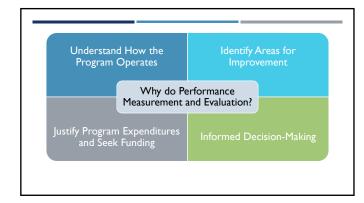
#### PERFORMANCE MEASUREMENT AND EVALUATION

#### Performance Measurement

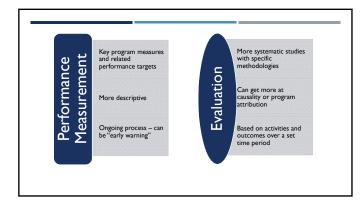
An on-going process that provides the treatment court team with timely information to monitor program performance in key areas

#### **Program Evaluation**

A periodic, often more formal process to review program processes, outputs, outcomes and impact to assess how well the program is working (US Government Accountability Office, 2011)







#### PERFORMANCE MEASUREMENT

- Performance measurement is real-time; evaluation takes a long time
- Performance measurement does not require a counterfactual comparison group
- Evaluation concerned with problem of "attribution"; not an issue for performance measurement
- Evaluation requires professional expertise; performance measurement designed for use by practitioners

### WISCONSIN STATEWIDE DRUG AND HYBRID COURT PERFORMANCE MEASURES





NCSC

### New project to develop specific measures for other specialty courts including:

- OWI
- Veterans
- Co-occurring/mental health

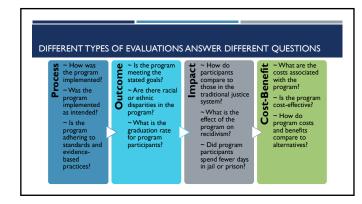
Outcome	Processing &	Procedural	Dosage	Social
Measures	Admissions	Fairness	Measures	Functioning
<ul> <li>Sobriety</li> <li>In-Program Recidivism</li> <li>Post- Program Recidivism</li> <li>Restitution</li> </ul>	<ul> <li>Processing Time</li> <li>Screening &amp; Assessment</li> <li>Discharge Type</li> <li>Average Length of Stay</li> </ul>	Perceived Procedural Fairness	<ul> <li>Incentives &amp; Sanctions</li> <li>Treatment Services</li> <li>Status Hearings</li> <li>Supervision</li> <li>Drug &amp; Alcohol Testing</li> </ul>	<ul> <li>Employment Status</li> <li>Educational Status</li> <li>Residency Status</li> </ul>

ESTABLISH SYSTEM AND PROCESS FOR DATA COLLECTION	

The data collection plan should include the following for each performance measure:

- $\ \ _{\textrm{ \ }}$  The report or system from which data is currently available
- → Frequency of data collection

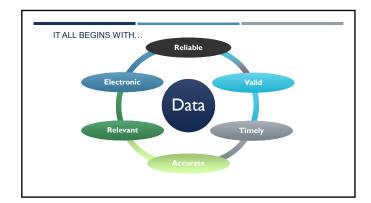
Collect baseline data for each performance measure to assess progress and trends over time.



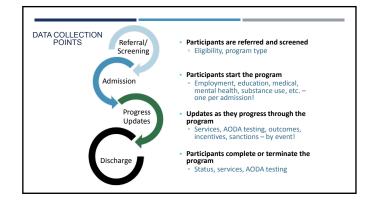


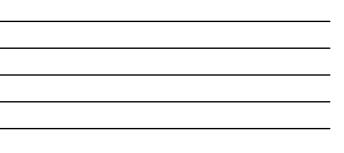
#### PARTNERING FOR PROGRAM EVALUATION

- Outside, independent, trained evaluator
- Partner with other courts that are similar to you in type, size, and model
- Partner with a local university
- Review published evaluations
- Valid and reliable data collection is critical







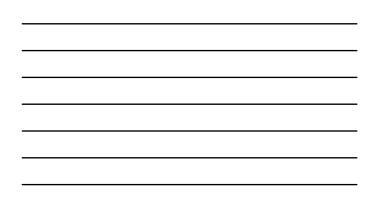


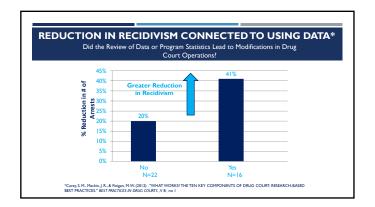


- → <u>C</u>omprehensive <u>O</u>utcome, <u>R</u>esearch, and <u>E</u>valuation (CORE) Reporting System was designed for performance measurement not case management
- → Available at no cost to both funded and non-funded treatment courts in Wisconsin
- $\ _{\textrm{ \rightarrow }}$  Tracks individuals from the point of referral through program discharge.
- → Contact us if you are interested in getting access!



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	erts and Diverson Programs		
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1000	Taylor County   Post-Charge		
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#### **QUESTIONS?**

Bureau of Justice Information and Analysis (BJIA) Wisconsin Department of Justice

Alesha Brown CJ Research Analyst 608-267-2062 brownab@doj.state.wi.us Erika Schoot CJ Research Analyst 608-266-7766 schootel@doj.state.wi.us

# WI Treatment Court Standards Training

# ADDITIONAL RESOURCES

September 2019

## CORE COMPETENCIES GUIDE ADULT DCPI TRAININGS

#### **DRUG COURT JUDGE CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court judge presides over non-adversarial court appearances for drug court appearances and leads the drug court team in creating a participant focused recovery program.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program, mission and goals and works as a full partner to ensure their success.

#### PLANNING PROCESS

- Select team members from each discipline and extend an invitation to take part in drug court;
- Schedule planning meetings conducive to the schedule of each drug court team member;
- Develop with team members the structure of program mission; along with goals and objectives during planning process meetings;
- Assure all agreed upon terms of the program structure are memorialized;
- Maintain role as team leader while promoting a productive work environment where each team member can participate without fear

#### **OPERATIONAL DRUG COURT**

- Continues to schedule regular meetings, focused on program structure only
- Regularly revisits program mission and goals & objectives with team to assure there
  efficacy and application
- Schedules team building activities designed to promote and encourage team members

**COMPETENCY 2:** As part of the Drug Court team, in appropriate non-court settings (i.e. staffing), the judge advocates for effective incentives and sanctions for program compliance or lack thereof.

#### **PLANNING PROCESS**

- Discuss with the team when staffings will convene
- Participates in client staffings
- Presides over court sessions
- Learn science-based principles regarding the development and usage of incentives and sanctions
- Explores, along with team, community resources available for the imposition of incentives (i.e. gift certificates for local businesses) and sanctions (i.e. community service at local animal shelter)
- Participate in the development of incentives and sanctions to be used in the drug court program.

- Participates in scheduled staff meetings to review progress of participants
- Presides over court sessions
- Solicits information regarding participant's progress from every team member in attendance

- Remains abreast of research regarding behavior modification techniques and the imposition of incentives and sanctions
- Imposes incentives and sanctions that are consistent while considering the individual needs of each drug court participants
- Establishes separate meetings to ensure that policy and staffing issues are discussed
- Delivers coordinated response to participants in the courtroom.

**COMPETENCY 3:** Is knowledgeable of addiction, alcoholism and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

#### PLANNING PROCESS

- Selects treatment provider who is knowledgeable and informed
- Participates in the creation of a memorandum of understanding reflecting the mutual agreements between the drug court and treatment provider
- Learns about psychopharmacology and addiction.
- Learns about scientific and evidenced based treatment modalities and interventions for the target population.
- Learns about strengths based approaches

#### **OPERATIONAL DRUG COURT**

- Participates in regular cross-trainings with the treatment team
- Focuses on strengths based approaches.

**COMPETENCY 4**: Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

#### PLANNING PROCESS

- Selects team members who are culturally competent and familiar with the population from which drug court participants will be selected
- Engages in cultural awareness training

#### **OPERATIONAL DRUG COURT**

- Participates in on-going cultural awareness training
- Promotes cultural competency among entire team through outside and cross-training activity

**COMPETENCY 5:** Initiates the planning process by bringing together the necessary agencies and stakeholders to evaluate the current court processes and procedures and thereafter collaborates to coordinate innovative solutions.

#### PLANNING PROCESS

- Identifies agencies and stakeholders in the community whom can assist with the development and implementation of the program
- Schedules meetings to bring together all potential agencies and stakeholders
- Participates in open dialogue with community agencies and stakeholders

 Assists in establishment of memoranda of understanding with agencies and stakeholders

#### **OPERATIONAL DRUG COURT**

 Acts as a mediator to develop and maintain resources and improve interagency linkages

**COMPETENCY 6:** Becomes a program advocate by utilizing his/her community leadership role to create interest and develop support for the program.

#### **PLANNING PROCESS**

- Share of information regarding the efficacy of drug courts with local civic organizations, other members of the judiciary and the community at large
- Seeks opportunities to illuminate media sources about drug court

#### **OPERATIONAL DRUG COURT**

• Acts as a spokesperson for the drug court at various community events

**COMPETENCY 7:** Effectively leads the team to develop all the protocols and procedures of the program.

#### PLANNING PROCESS

- Schedules regular meetings with team members to create written protocols and procedures
- Promotes dialogue among team members to create protocols and procedures that address the concerns of each discipline

#### **OPERATIONAL DRUG COURT**

- Regularly reviews protocols and procedures to assure there continued applicability and effectiveness
- Monitors drug court process to ensure protocols and procedures are utilized

**COMPETENCY 8:** Aware of the impact that substance abuse has on the court system, the lives of offenders, their families and the community at large.

#### **PLANNING PROCESS**

- Assist in collection of data regarding the offender population
- Seeks competent Evaluator as key team member who will collect relevant data and disseminate to the team

- Assist in collection of data regarding drug court's impact on offender population
- Request and review process evaluation, ensure to reference original goals and objectives when doing so

 Request and review outcome evaluation, share positive information and address negative information resulting there from

**COMPETENCY 9:** Contributes to education of peers, colleagues and judiciary in the efficacy of Drug Courts.

#### **PLANNING PROCESS**

- Informs judiciary and local bar association about drug court
- Seeks public speaking opportunities to speak about drug courts
- Discusses drug courts with colleagues

- Oversees integrity of drug court program through quality assurance
- Disseminates information about drug court as frequently as possible

#### **DRUG COURT COORDINATOR CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court coordinator oversees the activity of the team, conducts quality assurance of each team member, maintains client data, remains informed regarding budgetary concerns of the drug court and coordinates services from each discipline, and the local community, in a manner that is most therapeutic to the drug court participant.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission & goals and works as a full partner to ensure their success.

#### **PLANNING PROCESS**

- Assists in scheduling planning meetings conducive to the schedule of each drug court team member
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Memorializes all agreed upon terms of the program structure
- Helps to promote a productive work environment where each team member can participate
- Gathers information needed to keep team members informed

#### **OPERATIONAL DRUG COURT**

- Continues to help schedule regular meetings, focused on program structure only
- Regularly revisits program mission, goals & objectives with team to assure there
  efficacy and application
- Arranges team building activities designed to promote and encourage team members
- Remains watchful and informed on formation of the team
- Conducts regular quality assurance of all services from each discipline and the local community

**COMPETENCY 2:** As part of the Drug court team, in appropriate non-court settings (i.e. staffing), the coordinator reports on previous incentives and sanctions or lack thereof

#### **PLANNING PROCESS**

- Assists in selection of drug court participants
- Works with team to create appropriate incentives and sanctions
- Researches use of incentives and sanctions in other drug courts and collects other data that might assist the team in choosing appropriate incentives and sanctions
- Memorializes selected incentives and sanctions

- Creates file for each drug court participant
- Maintains ongoing log of incentives and sanctions given to each participant including the date and reason given
- Assures consistency of incentives and sanctions while ensuring each participant is treated as an individual

**COMPETENCY 3:** Is knowledgeable of addiction, alcoholism and pharmacology generally and applies that knowledge to suggest responses.

#### PLANNING PROCESS

- Assists in selecting competent and informed treatment provider
- Assists in drafting memorandum of understanding with treatment provider that assures effective information sharing and compliance with all regulations
- Researches effective treatment modalities for offender population
- Creates open dialogue with treatment provider to ensure appropriate treatment
- Gathers information needed to keep team members informed

#### **OPERATIONAL DRUG COURT**

- Continues to research effective treatment modalities
- Conducts regular quality assurance to ensure appropriate treatment
- Actively participates in staffings

**COMPETENCY 4:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

#### PLANNING PROCESS

- Assists in selecting team members who are gender, age and culturally aware
- Seeks out and arranges training opportunities to inform team members about cultural competence

#### **OPERATIONAL DRUG COURT**

- Continues to seek out and arrange training opportunities to inform team members about cultural competence
- Conducts regular quality assurance to assure application of cultural competence by all team members

**COMPETENCE 5:** Develops team resource strategy to acquire funding. Writes grant applications and manages the program's budget. Creates opportunities to obtain funding and build linkages by supporting team in community outreach and lobbying activities

#### **PLANNING PROCESS**

- Obtain training on grant seeking and writing
- Create long-term funding plan, with team, not solely dependent upon grant funding
- Research potential funders and other sources of revenue for program
- Investigate how other programs obtained and maintained funding
- Practice grant writing in advance of actually submitting applications
- Create effective book keeping system including an inventory of drug court supplies

- Build relationships with any potential funder, including private organizations
- Regularly invite potential funders to drug court events
- Prepare and submit grant applications
- Keep bookkeeping system up-to-date

- Work with Evaluator to obtain persuasive data for potential funders
- Create long term funding strategy

**COMPETENCY 6:** Participates in the planning process to create and the memorialize program eligibility standards, operating procedures and rules. Assist in the development of the client contract, confidentiality releases and entry procedures. Create memoranda of understanding and linkage agreements.

#### **PLANNING PROCESS**

- Assists in scheduling planning meetings conducive to the schedule of each drug court team member
- Brainstorms with entire team on ideal program structure then compromises with team members regarding structure of program during planning process meetings
- Memorializes all agreed upon terms of the program structure
- Gathers information needed for team members to make informed decisions

#### **OPERATIONAL DRUG COURT**

- Tailor each required document, including client contract, to the needs of the drug court program
- Work with each discipline to assure all documented procedures, contract, releases, etc. reflect the best, most therapeutic, interest of the client
- Periodically reviews all documents and procedures for continued applicability and efficacy

**COMPETENCY 7:** Negotiates and monitors treatment and ancillary service contracts. Conducts site visits, reviews progress reports and assists in audits and certification monitoring. Creates and monitors standards for urine collection and compliance reporting. Ensure gender, age and culturally specific treatment services.

#### PLANNING PROCESS

- Assists in selecting competent team members
- Researches best practices for treatment and ancillary services
- Informs treatment provider about expectations including appropriate progress reports for drug court purposes
- Works with team members from treatment, community supervision and law enforcement to create most effective urine collection and compliance reporting model for the drug court program then seeks input from other team members before finalizing a method
- Helps to promote a productive work environment where each team member can participate
- Gathers information needed to keep team members informed

- Conducts regular and ongoing quality assurance
- Arranges cultural competence training

**COMPETENCY 8:** Creates and maintains a data collection system to monitor client compliance, identify trends and provide a basis for evaluation.

#### PLANNING PROCESS

- Seeks out Management Information Systems (MIS) to collect data
- Works with Evaluator to create an effective method of data collection

#### **OPERATIONAL DRUG COURT**

- Consistently inputs data
- Reviews information collected and shares with team members
- Works with Evaluator to interpret statistical relevance

**COMPETENCY 9:** Create interagency linkages to address client's ancillary needs in the areas of culture, age and gender needs, medical and mental health provision, educational, vocational, skills training and employment training and placement.

#### PLANNING PROCESS

- Maps out providers in community
- Arranges meeting with providers to begin process of building a relationship

#### **OPERATIONAL DRUG COURT**

- Develop memoranda of understanding with providers willing too offer services to drug court clients
- Monitor drug court participant's involvement with ancillary services

**COMPETENCY 10:** Develop police and corrections linkages to improve supervision and agency coordination.

#### **PLANNING PROCESS**

- Assist in selecting team member who can serve as liaison between the drug court and law enforcement
- Schedule meetings with local law enforcement officials
- Create mutually beneficial memoranda of understanding

- Keep law enforcement informed about progress of drug court clients and supervision efforts
- Extend invitations to all drug court events
- Share statistical data showing positive impact of drug court on local community

**COMPETENCY 11:** Educate referral sources and the community on eligibility standards and program goals. Encourage team members to educate in their fields and in the community. Develop teambuilding activities and conduct staff replacement training.

#### PLANNING PROCESS

- Assists in scheduling meetings conducive to the schedule of each drug court team member
- Draft eligibility criteria with input of other team members
- Assist in scheduling presentations to local bar associations and civic organizations
- Arrange team building activities

#### **OPERATIONAL DRUG COURT**

- Maintain community outreach
- Continue to arrange team building activities designed to promote and encourage team members

**COMPETENCY 12:** Manage daily operations and filing systems. Develop and maintain fee systems.

#### PLANNING PROCESS

- Create system of organization that keeps track of all participants
- Develop rapport with all team members based on information sharing
- Work with team to determine which fees the drug court participants will pay

- Oversees collection of fees
- Maintains and updates drug court participant files

#### **DRUG COURT PROSECUTOR CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court prosecutor is usually a "gate keeper" and selects offenders who participate in the program; he/she obtains prior criminal histories of offenders, participates in team meetings and attends non-adversarial court proceedings.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission & goals and works as a full partner to ensure their success.

#### PLANNING PROCESS

- Assists in scheduling planning meetings conducive to the schedule of each drug court team member
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Assists in gathering data relevant to the population that would be impacted by drug court
- Develops efficient method of conducting legal screens on potential drug court participants
- Assures stringency of program along
- Actively demands participant accountability
- Assists in creating and executing all participant waivers and contracts

#### **OPERATIONAL DRUG COURT**

- Promptly conducts legal screens on offenders recommended to drug court
- Assists in executing all participant waivers and contracts
- Advocates for prompt sanctions in response to negative client behavior
- Protects integrity for drug court program by monitoring effectiveness of community supervision
- Maintains up-to-date record of participant performance
- Moves for dismissal of participant from program based on factual history of noncompliance (when appropriate)

**COMPETENCY 2:** The prosecutor, while in Drug Court, participates as a team member, operating in a non-adversarial manner, promoting a sense of a unified team presence.

#### PLANNING PROCESS

- Attends regularly scheduled planning meetings
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Assists in gathering data relevant to the population that would be impacted by drug court
- Develops professional rapport with team members based on information sharing
- Actively participates in team building exercises

#### **OPERATIONAL DRUG COURT**

Attends regularly scheduled court staffings

- Solicits information regarding participant progress, or lack thereof, from all team members
- Share information regarding status of the drug court and individual clients with drug court team members
- Maintains up-to-date record of participant performance

**COMPETENCY 3:** As part of the Drug court team, in appropriate non-court settings (i.e. staffing), the prosecutor advocates for effective incentives and sanctions for program compliance or lack thereof.

#### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Assists in researching use of incentives and sanctions in drug court setting
- Actively participates in seeking appropriate incentives and sanctions that benefit local community
- Compromises with team in creating incentives and sanctions and assures final decisions are memorialized

#### **OPERATIONAL DRUG COURT**

- Attends regularly scheduled staffings
- Requests appropriate incentives and sanctions, based on participant behavior
- Researches efficacy of drug court's behavior modification techniques
- Argues for swift response to participant behavior
- Maintains up-to-date record on prior incentives and sanctions given to assure consistency

**Competency 4:** Ensures community safety concerns by maintaining eligibility standards while participating in a non-adversarial environment which focuses on the benefits of therapeutic program outcomes.

#### **PLANNING PROCESS**

- Participates with entire team in creating eligibility criteria for potential drug court participants
- Analyzes population for whom drug court might be most effective based on current offender characteristics

- Moves for dismissal of drug court participants who no longer meet eligibility criteria
- Monitors participant behavior for compliance and continued eligibility

**COMPETENCY 5:** Monitors offender progress to define parameters of behavior that allow continued program participation and suggest effective incentives and sanctions for program compliance.

#### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Builds effective means of information sharing with entire team in order to make informed choices for participants
- Compromises with team in creating program procedures and protocol
- Assures each drug court participant is fully advised of requirements of program prior to agreeing to participate
- Assists in completion of all client contracts and waivers

#### **OPERATIONAL DRUG COURT**

- Attends regularly scheduled staffings
- Solicits information from team members regarding client compliance
- Vehemently encourages sanctions for client noncompliance and seeks incentives for client compliance
- Files motions or other legal document in order to remove noncompliant participants
- Offers encouragement to participants while reminding them of consequences of noncompliance

**COMPETENCY 6:** Is knowledgeable about addiction, alcoholism and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

#### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Assists in selecting competent and informed treatment provider
- Assists in drafting memorandum of understanding with treatment provider that assures effective information sharing and compliance with all regulations
- Researches effective treatment modalities for offender population
- Creates open dialogue with treatment provider to ensure appropriate treatment
- Researches and studies publications regarding addiction, alcoholism and pharmacology

- Continues to research effective treatment modalities
- Conducts regular quality assurance to ensure appropriate treatment
- Attends and actively participates in all court sessions and staffing

**COMPETENCY 7:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

#### PLANNING PROCESS

- Assists in selecting team members who are gender, age and culturally aware
- Attends training opportunities to inform team members about cultural competence

#### **OPERATIONAL DRUG COURT**

Continues to attend training opportunities to inform team members about cultural competence

**COMPETENCY 8:** Contributes to the team's efforts in community education and local resource acquisition.

#### **PLANNING PROCESS**

- Evaluates whether any potential funding sources exist within the prosecutor's office
- With other team members, attends local civic organizations, bar association and other community meetings

#### **OPERATIONAL DRUG COURT**

• Assist in researching any potential funding streams

**COMPETENCY 9:** Contributes to education of peers, colleagues and judiciary in the efficacy of Drug Courts.

#### **PLANNING PROCESS**

- Informs judiciary and local bar association about drug courts
- Seeks public speaking opportunities to speak about drug courts
- Discusses drug courts with colleagues

- Oversees integrity of drug court program through quality assurance
- Disseminates information about drug court as frequently as possible

#### **DRUG COURT DEFENSE COUNSEL CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court defense counsel informs the drug court participant about the rigors of drug court, preserves all legal rights of the client, advocates for fair and equal treatment of client, participates in team meetings and attends non-adversarial court proceedings.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission & goals and works as a full partner to ensure their success.

#### PLANNING PROCESS

- Attends regularly scheduled planning meetings
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Assists in gathering data relevant to the population that would be impacted by drug court
- Assists in development of efficient method of conducting legal screens on potential drug court participants
- Assures program considers best interest of the client from a legal perspective
- Actively demands participant accountability
- Assists in creating and executing all participant waivers and contracts
- Assures program is not unduly burdensome on client and considers clients integration into law-abiding society

- Promptly recommends offenders to drug court when appropriate
- Assists in executing all participant waivers and contracts
- Advocates for prompt incentives and sanctions in response to client behavior
- As counsel, shields client from ineffective care; as team member, protects integrity for drug court program by monitoring effectiveness of all components of client care and supervision
- Maintains up-to-date record of participant performance
- As counsel, serves as "voice of client" in pointing out deficiencies of drug court program; as team member, seeks productive means of addressing deficiencies
- Attends all staffings and actively listens for undue encroachment upon client liberties or disparate treatment of participants
- While never breaching attorney-client privilege, when appropriate, encourages clients to be forthcoming and honest regarding their recovery process
- Solicits information from drug court team members regarding client and share relevant information with team members in appropriate and ethical manner

**COMPETENCY 2:** Evaluates the offender's legal situation and ensures that the offender's legal rights are protected.

#### PLANNING PROCESS

- Negotiates with prosecutor for optimum incentive to attract potential participants to drug court program
- Contemplates target population, with prosecutor and other team members, considering client's offense and individual circumstances
- Creates waivers and contracts for clients that promotes their best interest
- Prescreens potential drug court participant for suitability in drug court program including considering likelihood of success
- Assure that completion of drug court leaves client in more favorable position than normal course of criminal proceedings
- Design format of entry into drug court that streamlines traditional case processing

#### **OPERATIONAL DRUG COURT**

- Insist that legal and clinical screens are promptly conducted
- Ensures prompt admittance into program and start of rehabilitative treatment
- Advises client regarding rigors of drug court program
- Advises client regarding all rights waived as participant in drug court in contrast to rights waived in traditional criminal proceedings
- Assure client understands all waivers and contracts prior to execution of said documents
- Advocates for client to have every opportunity for recovery before involuntary dismissal from program

**COMPETENCY 3:** While in Drug Court, participates as a team member, operating in a nonadversarial manner while in court, promoting a sense of a unified team presence.

#### PLANNING PROCESS

- Negotiates with prosecutor for optimum incentive to attract potential participants to drug court program
- Creates and memorializes agreements with prosecutor that are most advantageous to client
- Compromises with team members regarding structure of program
- Attends drug court planning meetings

- Attends regularly scheduled staffings
- While in court, allows client to address the bench
- Reaches consensus with team regarding effective means of addressing client behavior

**COMPETENCY 4:** Effectively advises the defendants on their legal rights, legal options, treatment options, program conditions and sentencing outcomes while developing a relationship with the offender that promotes the offender's long term best interest.

#### PLANNING PROCESS

- Attends regularly scheduled planning meetings
- Compromises with team members regarding structure of program

#### **OPERATIONAL DRUG COURT**

- Prior to recommending client to drug court, discuss legal options with client in unbiased manner
- Goes through each waiver and contract with client advising client about appropriate course of action.
- Encourages client through out the drug court process

**COMPETENCY 5:** Monitors client progress to support full participation and ensure the appropriate provision of treatment and other rehabilitative services.

#### **PLANNING PROCESS**

- Research effective treatment modalities in drug court environment
- Assist in selecting treatment provider for team

#### **OPERATIONAL DRUG COURT**

- Questions client regarding effectiveness of treatment and ancillary services
- Conducts quality assurance of treatment and ancillary services

**COMPETENCY 6:** As part of the Drug Court team, in appropriate non-court settings (i.e. staffing), defense counsel advocates for effective incentives and sanctions for program compliance or lack thereof.

#### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Compromises with team members regarding creation of effective incentives and sanctions

- Advocates for prompt incentives and sanctions in response to client behavior
- Advocate for client's general well being and productive recovery without mitigating and defending client's behavior

**COMPETENCY 7:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

#### PLANNING PROCESS

- Assists in selecting team members who are gender, age and culturally aware
- Attends training opportunities to inform team members about cultural competence

#### **OPERATIONAL DRUG COURT**

Continues to attend training opportunities to inform team members about cultural competence

**COMPETENCY 8:** Is knowledgeable about addiction, alcoholism and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

#### PLANNING PROCESS

- Assists in selecting competent and informed treatment provider
- Assists in drafting memorandum of understanding with treatment provider that assures effective information sharing and compliance with all regulations
- Researches effective treatment modalities for offender population
- Creates open dialogue with treatment provider to ensure appropriate treatment
- Researches and studies publications regarding addiction, alcoholism and pharmacology

#### **OPERATIONAL DRUG COURT**

- Continues to research effective treatment modalities
- Conducts regular quality assurance to ensure appropriate treatment
- Actively participates in staffings
- Attends all court sessions and staffing

**COMPETENCY 9:** Contributes to the team's efforts in community education and local resource acquisition.

#### **PLANNING PROCESS**

- Assists in seeking potential funding sources
- With other team members, attends local civic organizations, bar association and other community meetings

#### **OPERATIONAL DRUG COURT**

Ongoing research of potential funding streams

**COMPETENCY 10:** Contributes to education of peers, colleagues and judiciary in the efficacy of Drug Courts.

#### PLANNING PROCESS

- Informs judiciary and local bar association about drug court
- Seeks public speaking opportunities to speak about drug courts
- Discusses drug courts with colleagues

- Oversees integrity of drug court program through quality assurance
- Disseminates information about drug court as frequently as possible

#### **DRUG COURT TREATMENT PROVIDER CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court treatment provider provides rehabilitative therapy sessions, drug screening, case management and monitoring for drug court participants in keeping with the holistic recovery of the drug court participant. Additionally, within the bounds of ethics and legalities, a drug court treatment provider shares information regarding the progress of a participant in appropriate settings to all drug court team members.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission and goals and works as a full partner to ensure their success.

#### **PLANNING PROCESS**

- Familiarize treatment team with difference between traditional treatment and treatment within the drug court confines
- Research ethical and legal constraints of participation as drug court team member
- Attend all drug court planning meetings
- Provide information to other team members regarding ability to divulge information
- Compromises with team members regarding structure of program
- Design treatment program that is specific to drug court participants

#### **OPERATIONAL DRUG COURT**

- Attends regularly scheduled staffings
- Provide information regarding drug court participant's progress to each team member
- Productively communicates with team so each member can make informed choices regarding drug court participants
- Protects integrity of drug court program by providing competent treatment
- Remains abreast of best practices of the field.
- Maintains up-to-date record of participant performance

**COMPETENCY 2:** Ensures that the participant receives the highest level of care available, at a reasonable cost, by all contracted and ancillary service providers. Develop post program services, client outreach, mentor programs and alumni associations.

#### PLANNING PROCESS

- Serves as effective consumer by seeking cost efficient services for drug court participants
- Attends regularly scheduled planning meetings and actively participates in creating therapeutically beneficial treatment program
- Seeks continuing education opportunities which incorporate drug court training
- Researches mentor and alumni programs

- Conducts regular quality assurance of all treatment and ancillary services
- Performs case autopsy on charts of participants who are discharged from the program as method of quality improvement
- Creates treatment environment that is encouraging and restorative
- Maintains competent staff

 Regularly reviews all client charts and maintains up-to-date record of participant performance

**COMPETENCY 3:** Ensures that offenders are evaluated in a timely and competent process and that placement and transportation are effectuated in an expedited manner.

#### PLANNING PROCESS

- Attends all regularly scheduled planning meetings
- Maps, along with other team members, community resources that can assist program participants at little to no cost
- Creates method of conducting treatment screens that are prompt and efficient

#### **OPERATIONAL DRUG COURT**

- Promptly processes referrals to drug court by completing treatment screens efficiently
- Secures assistance from ancillary services as needed for participants

**COMPETENCY 4:** Develops effective measure for drug/alcohol testing and treatment progress reporting that provide the team with sufficient and timely information to implement incentives and sanctions systems.

#### **PLANNING PROCESS**

- Seeks competent staff, or outside source, to perform regular, random and observed drug screens
- Trains treatment staff and drug court team on appropriate method of drug/alcohol screening
- Researches state of the art and cost effective companies to perform screens
- Develops method of documenting drug screen results

#### **OPERATIONAL DRUG COURT**

- Implements random system of screening for drug court participants
- Conducts visually monitored screens for each participant
- Maintains up-to-date records of all screens
- Shares information regarding screens with all team members

**COMPETENCY 5:** Assists in providing advanced training in substance abuse, addiction and treatment methodologies so as to provide the team with a meaningful basis to implement incentives and sanctions systems and design program protocols and procedures.

#### PLANNING PROCESS

- Performs in-service training of all team members regarding substance abuse addiction and treatment
- Assists in creating appropriate incentives and sanctions system
- Actively participates in design of program protocols and procedures

#### **OPERATIONAL DRUG COURT**

- Provides ongoing training to all team members
- Supports most therapeutic application of incentives and sanctions

**COMPETENCY 6:** As part of the Drug Court team, in appropriate non-court settings (i.e. staffing), the treatment provider advocates for effective incentives and sanctions for program compliance.

#### **PLANNING PROCESS**

- Assists in creating effective incentives and sanctions
- Attends all planning meetings

#### **OPERATIONAL DRUG COURT**

- Assures incentives and sanctions are given on a consistent and fair basis
- Recommends therapeutic incentives and sanctions
- Considers client behavior and shares relevant information with team

**COMPETENCY 7:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

#### **PLANNING PROCESS**

- Assists in selecting team members who are gender, age and culturally aware
- Attends training opportunities to inform team members about cultural competence

#### **OPERATIONAL DRUG COURT**

Continues to attend training opportunities to inform team members about cultural competence

**COMPETENCY 8:** Is knowledgeable about addiction, alcoholism and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

#### **PLANNING PROCESS**

- Assists in selecting competent and informed team members
- Assists in drafting memorandum of understanding with team members that assures effective information sharing and compliance with all regulations
- Researches effective treatment modalities for offender population
- Creates open dialogue with team members to ensure appropriate treatment
- Researches and studies publications regarding addiction, alcoholism and pharmacology

- Continues to research effective treatment modalities
- Conducts regular quality assurance
- Actively participates in staffings
- Attends all court sessions and staffing

**COMPETENCY 9:** Contributes to the team's efforts in community education and local resource acquisition.

#### PLANNING PROCESS

- Assists in seeking potential funding sources
- With other team members, attends local civic organizations, bar association and other community meetings

#### **OPERATIONAL DRUG COURT**

Ongoing research of potential funding streams

**COMPETENCY 10:** Contributes to education of peers, colleagues and judiciary in the efficacy of Drug Courts.

#### PLANNING PROCESS

- Informs judiciary and local bar association about drug court
- Seeks public speaking opportunities to speak about drug courts
- Discusses drug courts with colleagues

- Maintains integrity of drug court program through quality assurance
- Disseminates information about drug court as frequently as possible

#### **DRUG COURT COMMUNITY SUPERVISION CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court community supervision officer actively monitors drug court participants outside of the drug court setting including conducting home and job visits. All client contact is documented and visits logged to help encourage positive participant behavior.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission & goals and works as a full partner to ensure their success.

#### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Assists in gathering data relevant to the population that would be impacted by drug court
- Assists in development of efficient method of conducting legal screens on potential drug court participants
- Ensure that criminogenic needs assessment tool is identified.
- Assists in creating all participant waivers and contracts
- Assures program is not unduly burdensome on client and considers clients integration into law-abiding society

#### **OPERATIONAL DRUG COURT**

- Promptly recommends offenders to drug court when appropriate
- Assists in executing all participant waivers and contracts
- Execute criminogenic risk needs assessment and assessments on-going and ensure that case plan is developed and modified based upon the assessments.
- Share the criminogenic risk needs assessment with the team.
- Advocates for prompt incentives and sanctions in response to client behavior
- Maintains up-to-date record of participant performance
- Attends and participates in client staffings by providing progress reports, making recommendations, and identifying supervision and ancillary services needed.

**COMPETENCY 2:** Provides coordinated and comprehensive supervision so as to minimize participant manipulation and splitting of program staff. Develop post program services, client outreach, Mentor programs and Alumni Associations.

#### **PLANNING PROCESS**

- Identify community resources to address the needs of the target population.
- Develop comprehensive program policies that govern the supervision of target population that are consistent.
- Assists in the development of an Alumni Association or Mentor Program for target population.

- Coordinates continuum of care through regular contact with treatment provider.
- Advocates for continuum of care beyond treatment continuum to be inclusive of other community-based sources.

**COMPETENCY 3:** Develops effective measures for drug testing and supervision compliance reporting that provide the team with sufficient and timely information to implement incentives and sanctions systems.

### PLANNING PROCESS

- Learn the basic methods of testing that limit client manipulation that is reliable and effective.
- Design an effective drug testing protocol based upon the target population.
- Design effective home, field and office visit protocols to assist in supervision of the target population.

### **OPERATIONAL DRUG COURT**

- Provides progress reports prior to client staffings.
- Conduct home and field visits using strength's based approach.
- Collect alcohol and drug testing in accordance with policy and report results to team in a timely fashion.
- Recommend appropriate incentives and sanctions based upon information gleamed from supervision.
- Continually assess and review supervision and drug testing protocols and terms and conditions of supervision/probation regularly to ensure they are still working for the target population.

**COMPETENCY 4:** Coordinates the utilization of community-based services such as health and mental health services, victims' services, housing, entitlements, transportation, education, vocational training, job skills training and placement to provide a strong foundation for recovery.

### PLANNING PROCESS

- Assist in identifying community resources to meet the diverse needs of the target population.
- Design an effective case management protocol for target population.

### **OPERATIONAL DRUG COURT**

• Makes on-going referrals for target population that is consistent with the treatment case plan.

**COMPETENCY 5:** Is knowledgeable about addiction, alcoholism, and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

### PLANNING PROCESS

- Participates in regular cross training.
- Attends training and develop knowledge in the area of addiction, alcoholism, and pharmacology.
- Attends training on Motivational Interviewing and States of Change.
- Attend training on what is relapse and how to identify relapse triggers.

### **OPERATIONAL DRUG COURT**

- Continues to participate in on-going cross training to remain knowledgeable about addiction, alcoholism, and pharmacology.
- Utilize motivational interviewing techniques when interacting with the target population.

• Note relapse triggers and behaviors in the target population and report in a timely manner to the team.

**COMPETENCY 6:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

### **PLANNING PROCESS**

- Participates in regular cross training.
- Attends training and develop knowledge in the area gender, age and cultural issues that may impact the target population and community.

### **OPERATIONAL DRUG COURT**

• Continues to participate in on-going cross training to remain knowledgeable about gender, age and cultural issues of the community and target population.

**COMPETENCY 7:** Contributes to the team's efforts in the community education and local resource acquisition.

### PLANNING PROCESS

 Helps to develop PowerPoint's and educational materials for distribution at local and community education opportunities.

### **OPERATIONAL DRUG COURT**

- Acts a spokesperson to community leaders and organizations.
- Provides statistical information to use for grant writing or other funding acquisition.

**COMPETENCY 8:** Contributes to the education of peers, colleagues and judiciary in the efficacy of Drug Courts.

### **PLANNING PROCESS**

 Helps to develop PowerPoint's and educational materials that are specific about your role to assist with educating peers, colleagues and the judiciary.

### **OPERATIONAL DRUG COURT**

• Acts a spokesperson to peers, colleagues and the judiciary.

## **DRUG COURT COMMUNITY POLICING OFFICER/LAW ENFORCEMENT CORE COMPETENCIES**

### (The following tasks are intended to be illustrative and not all inclusive)

A drug court community supervision officer actively monitors drug court participants outside of the drug court setting including conducting home and job visits. All client contact is documented and visits logged to help encourage positive participant behavior.

**COMPETENCY 1:** Participates fully as a Drug Court team member, committing him or herself to the program mission & goals and works as a full partner to ensure their success.

### **PLANNING PROCESS**

- Attends regularly scheduled planning meetings
- Compromises with team members regarding structure of program (including creating a program mission along with goals and objectives) during planning process meetings
- Assists in gathering data relevant to the population that would be impacted by drug . court
- Assists in development of efficient method of conducting legal screens on potential drug court participants
- Assists in creating all participant waivers and contracts
- Assures program is not unduly burdensome on client and considers clients integration into law-abiding society

### **OPERATIONAL DRUG COURT**

- Promptly recommends offenders to drug court when appropriate
- Assists in executing all participant waivers and contracts
- Advocates for prompt incentives and sanctions in response to client behavior
- Provides up to date information on drug court clients.
- Attends and participates in client staffings by providing progress reports, making recommendations, and identifying supervision and ancillary services needed.

**COMPETENCY 2:** Provides information of participant appropriateness from law enforcement sources to the team and makes recommendation to the team.

### **PLANNING PROCESS**

- Ensure that the views of law enforcement are identified and consider in the target population selection process.
- Develop comprehensive program policies that govern the supervision of target population that are consistent.

### **OPERATIONAL DRUG COURT**

Assist in the identification of potential drug court participants

**COMPETENCY 3:** Facilitates the swift delivery of bench warrants for participants who have absconded from the program.

### PLANNING PROCESS

Develop written protocols for how drug court warrants will be processed and served..

### **OPERATIONAL DRUG COURT**

Processes and serves warrants

**COMPETENCY 4:** Acts as a liaison to police agencies, providing education, information and training on the importance of the drug court program to community safety and the benefits of law enforcement in collaborating with the Drug Court.

### **PLANNING PROCESS**

 Helps to develop PowerPoint's and educational materials that are specific about your role to assist with educating peers, colleagues, community agencies and the judiciary.

### **OPERATIONAL DRUG COURT**

• Acts a spokesperson to peers, colleagues, community agencies and the judiciary.

**COMPETENCY 5:** Is knowledgeable about addiction, alcoholism, and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

### **PLANNING PROCESS**

- Participates in regular cross training.
- Attends training and develop knowledge in the area of addiction, alcoholism, and pharmacology.
- Attends training on Motivational Interviewing and States of Change.
- Attend training on what is relapse and how to identify relapse triggers.

### **OPERATIONAL DRUG COURT**

- Continues to participate in on-going cross training to remain knowledgeable about addiction, alcoholism, and pharmacology.
- Utilize motivational interviewing techniques when interacting with the target population.
- Note relapse triggers and behaviors in the target population and report in a timely manner to the team.

**COMPETENCY 6:** Is knowledgeable of gender, age and cultural issues that may impact the offender's success.

### **PLANNING PROCESS**

- Participates in regular cross training.
- Attends training and develop knowledge in the area gender, age and cultural issues that may impact the target population and community.

### **OPERATIONAL DRUG COURT**

• Continues to participate in on-going cross training to remain knowledgeable about gender, age and cultural issues of the community and target population.

**COMPETENCY 7:** Provides a monitoring function to the team (along with supervision and treatment): i.e. going on joint home visits, reporting on a participant's activities in the community, and supervising participation in community service.

### **PLANNING PROCESS**

- Learn the basic methods of testing that limit client manipulation that is reliable and effective.
- Design an effective drug testing protocol based upon the target population.
- Design effective home, field and office visit protocols to assist in supervision of the target population.

### **OPERATIONAL DRUG COURT**

- Provides pertinent information about participants in staffings.
- Conduct home and field visits using strength's based approach.
- Conducts home visits and trains peers to enhance supervision of participants.
- Collect alcohol and drug testing in accordance with policy and report results to team in a timely fashion.
- Recommend appropriate incentives and sanctions based upon information gleamed from supervision.
- Continually assess and review supervision and drug testing protocols and terms and conditions of supervision/probation regularly to ensure they are still working for the target population.

**COMPETENCY 8:** Provides assistance, information and support to participants in the community encouraging them to succeed in the program.

### PLANNING PROCESS

- Assist in identifying community resources to meet the diverse needs of the target population.
- Assist community supervision officer in designing an effective case management protocol for target population.

### **OPERATIONAL DRUG COURT**

• Makes on-going referrals for target population that is consistent with the treatment case plan in conjunction with the community supervision officer.

### **DRUG COURT EVALUATOR CORE COMPETENCIES** (The following tasks are intended to be illustrative and not all inclusive)

A drug court evaluator assists the drug court team in developing, capturing, and communicating useful and useable information for key stakeholders and other audiences,

**COMPETENCY 1:** Get involved in the program during the planning process enabling the effective development of a data collection and evaluation components that collect relevant information critical to the program's survival.

### PLANNING PROCESS

- Attends regularly scheduled planning meetings
- Assist teams in ensuring that goals and objectives are measurable and quantifiable.
- Assists in gathering data relevant to the population that would be impacted by drug court

### **OPERATIONAL DRUG COURT**

- Promptly recommends offenders to drug court when appropriate
- Assists in executing all participant waivers and contracts
- Advocates for prompt incentives and sanctions in response to client behavior
- Provides up to date information on drug court clients.
- Attends and participates in client staffings by providing progress reports, making recommendations, and identifying supervision and ancillary services needed.

**COMPETENCY 2:** Become an adjunct to the team, familiar with its policies and procedures, the program process and the inner workings of the program.

### **PLANNING PROCESS**

- Attend regularly scheduled planning meetings and provide feedback to team as they develop the program design.
- Become knowledgeable of addiction, alcoholism and pharmacology generally.
- Become knowledgeable of gender, age and cultural issues that may impact the community and target population of the drug court program.

### **OPERATIONAL DRUG COURT**

- Attend court sessions to the extent possible to review program design implementation.
- Hold focus groups with participants to the extent possible.
- Interview key stakeholders to the extent possible.

**COMPETENCY 3:** Utilizes the knowledge and resources of the team to develop a data collection/operating system.

### PLANNING PROCESS

• Create with team and maintain data collection and operating system.

**OPERATIONAL DRUG COURT** 

- Train team on data collection and operating system.
- Maintain data collection and operating system.

**COMPETENCY 4:** Ensures that the information system assists the team in monitoring the progress of the participant in the program and enhances the ability of the team to act immediately when there is noncompliance.

### **PLANNING PROCESS**

• Helps to develop the management information system that is allows for the quick assimilation of data for evaluation and day to day operations of the program.

### **OPERATIONAL DRUG COURT**

• Provide reports to the team based upon information gleaned from the management information system.

**COMPETENCY 5:** The data collection/operational system assist the team in monitoring program protocols and procedures to allow the team to react quickly to program deviations and the development of trends.

### **PLANNING PROCESS**

• Educate the team on trends and ways to monitor goal accomplishment.

### **OPERATIONAL DRUG COURT**

• Continuously provides feedback to team on progress toward goals and trends.

		TREATMENT COURT CASE STAFFING SUMMARY					
	Client:	Doe, Jar	ne	<b>DOB:</b> 08/	31/1982	Date:	4/1/2019
SPN/Case #:		1234	45671010		Officer:	Vincent	
SORRY, NO	Phase: 2	CSR Hou	ı <b>rs:</b> 60/60		Sob	riety Date:	9/15/2018 (last pos)
AVAILABLE	Intake Date:	8/17/2018	Class A	/B Misd.	Referral	method:	ACOCS- violations
	ODL/TDL Sta	tus: TDL eligible			Suspens	ion dates:	N/A
20	Current Risk	Moderate	Current Ne	eds: Modera	ate		
Risk/Criminogeni	c Need				rogress/Plan Goals for Top		
1. History of antisocial beha History)	vior (Criminal	Presenting charge: Fo	orgery, posses	ssion, paraphen	nelia		
2. Antisocial personality pat (Consider Trauma History)	terns	No indication of anti-	-social person	ality			
3. Antisocial Cognition (Criminal Thinking)		On Step 2 of MRT					
4. Antisocial Associates		Jane has been spending time with some old associates from high school who are currently using and who live near mom. Jane has also participated with peer mentors at bowling night. 1. Current Goal - focus on more peer mentor activities.					
5. Family/Marital Situation		Accomplished goal! Jane moved out of her (using) boyfriend's house last weekend and is living with her mother who is supportive of treatment					
6. School/Work Performanc	e	Making progress on her GED 2. Current Goal: Schedule math test by 3/16/2019					
7. Living Situation		Accomplished sober housing goal! Jane moved out of her (using) boyfriend's house last weekend and is living with her mother who is supportive of Jane's treatment plan.					
8. Substance Use Disorder/T progress	reatment	Client has diagnosed severe substance use disorder (Heroin). Client is on Vivitrol and is tolerating it well. Client is in CBT and was late for last treatment session, but has attended all required sessions. 3. Current Goal: Client is engaged with treatment and is currently working through plans for responding to specific triggers.					
Benchmarks accomplished advancemen	-	The Client has completed all required Phase 2 Benchmarks and is filling out application for Phase 3					
Barriers to services and int	ervention/plan	Client's mother is ill and may need to move into assisted living. If this happens, client will need new housing. Will monitor mother's condition. Continue with current treatment plan.					
Summary of Succ	esses	Jane moved away from unhealthy relationship with boyfriend and moved in with supportive mother. Accomplished sober housing goal! Completed all requirements since last court session.					
Summary of Infra	ell. No issues	with non-adher	ence.				
		Incentive: Judge acknowledgment of progress, made good decision and important progress in moving out of boyfriend's house and in with mother - 12 Hour CSR Voucher, fish bowl for completing all requirements in last two weeks. Acknowledge she is filling out application for Phase 3.					
Recommended Court	Other responses: Reinforce message that Jane should avoid her high school friends and focus on more peer mentor activities. Ask Jane to talk about activities she could do instead of spending time with old high school friends. Ask Jane to list her other current goals and plan for completing (see goals above and prompt her if she does not remember).						

Complet	ion Date	Drug Test/[		Drug Test/Device				
Phase 1	10/15/18	<b>Current Device</b>	drug patch		D	Date Ordered:		10/15/18
Phase 2	1/15/19	<b>Current Device</b>			D	ate Ordere	d:	
Phase 3		Positive UA's						
Phase 4		Dilute UA's						114

Residential	NA	IOP/SOP	11/14/17	Boosters	NA	DWI Edu/RO	NA		
Prior Court Reviews									
Date	Incentive Other response								
8/18/2018	18/2018 Acknowledgement (attaboy) of attendance		tendance	Behavior chain for use					
12/15/2018	Sobriety mil	estone - 3 months		None					

# Judicial Bench Card

### **General Questions**

- 1 What types of things did you do or can you do to help maintain sobriety?
- 2 What reconnections or new activities have you built into your life?
- 3 What are some of the community supports you can access?
- 4 What challenges did you face, and how did you handle them?

## **Other Questions**

- 1 What did you do this week to stay sober?
- 2 Describe one of the most important reasons for you to be more honest.
- 3 What does responsibility mean to you?
- 4 What past hobbies or activities are you looking forward to getting re-involved in?
- 5 What are some things in your work or school that are getting in the way of your change efforts?

### COMMUNITY DOMAIN

6 What can you tell me about your community that helps support your long-term recovery goals?

### HEALTH, MEDICAL DOMAIN

7 What types of services or resources have you identified that may become a part of meeting other needs that you may have?

### **PURPOSE DOMAIN**

8 What are your short-/long-term recovery goals, and how are they meaningful in recovery?

### **Other Questions**

# Final Phase of the Program Questions

- 1 Who will you use for support once you finish this program?
- 2 If you find yourself suddenly wanting to get high, what do you do about that?
- **3** What's going to be your biggest challenge after you finish this program? After the participant responds, follow up with: What are you doing now to prepare to meet that challenge?

Final Phase of the Program Questions

## **Relapse Prevention**

- 1 What are your main relapse triggers?
- 2 Who are your main relapse risks? Who do you need to avoid?
- 3 What are you doing to manage your triggers?
- 4 Do you have a relapse prevention plan? What is it?
- **5** Do you have a plan for what you'll say to your old using friends/relatives?

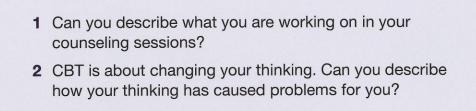
### **Relapse Prevention**

Motivational Interviewing/ Motivational Enhancement Therapy

- 1 What stage of change are you in? What does that mean for you?
- 2 What are the motivators for you not to use and to change your life?
- **3** What are the things that might motivate you to use again?
- 4 What changed that helped you move to a different stage?
- **5** What are the benefits for you if you don't use?
- 6 How can treatment court help you with your motivation?

### Motivational Interviewing / Motivational Enhancement Therapy

# Cognitive Behavioral Therapy



**3** What things have you learned to help change your thinking errors?

### **Cognitive Behavioral Therapy**

Seeking Safety/Trauma Approaches

- 1 How have traumas that you have experienced been triggers for use for you?
- 2 Do you have problems dealing with stress? What helps?
- **3** What things can you do to deal with feelings that your trauma brings up?

### Seeking Safety/Trauma Approaches

## **Judicial Bench Card**

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Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

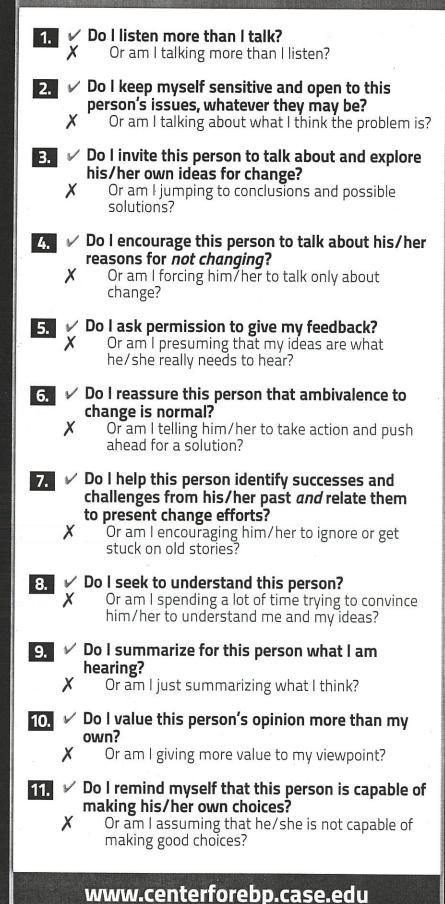








## Encouraging Motivation to Change Am I Doing this Right?



### **BUCKET OF CHANGE QUESTIONS**

What do you hope our work together will accomplish?

How would you like for things to change?

Tell me what you don't like about how things are now.

How do you want your life to be different a year from now?

What do you think you might be able to change? What ideas do you have for how you could make that change?

What's the downside of how things are in your life right now?

What might be the best 3 reasons to change a behavior that seems to get you into trouble?

What needs to happen for you to be successful in the treatment program?

How important is it for you to complete the treatment program? What do you think has to change to be successful?

Complete this sentence: I really must \_\_\_\_\_\_ to be successful in the treatment program.

Suppose you continue on as you have been, without changing. What do you imagine are the worst things that could happen?

If you were completely successful in making the changes you want, how would things be different? Do you remember a time when things were going well for you? What has changed?

What are the differences between the person you were 10 years ago and the person you are today?

How can you make good things happen in your life? What are you willing to do to make them happen?

Given what has happened so far, what do you expect might happen if you don't make any changes?

What are 5 things you value most in your life?

What is concerning you most at this time? How could the team help?

Who is a positive support in your life? How can that person help you succeed?

How willing are you to accept help from others? If willing, what help do you need?

What are your strengths? How can your strengths help you succeed?

What are your interests? How can your interests help you succeed?

What do you need most?

What have you learned from your past mistakes?

What about the treatment program will be the hardest for you and why? How can we help you overcome that?

What motivates you to succeed? Why?

What does success mean to you?

What can you do to make your life better?

What do you want to learn how to do? How will that knowledge help you after you complete the treatment program?

Who may get in the way of your success?

If you did poorly, how would you expect the treatment team to respond?

What is something that you succeeded at today?

What can get in the way of your success? What steps can you take to overcome those obstacles?

How does your current situation need to change so that you're more successful in the future?

What hasn't worked for you in the past? What can you do differently?

List the 3 most important individuals in your life. How do these people play a positive or a negative role in your life? Since your last court appearance, what is one thing you have done to work towards a goal?

What is one task you would like to accomplish before our next appointment?

## Tell me one challenge you were faced with since your last court appearance. How did you handle it?

Tell me one positive thing that has happened since your last court appearance?

How would you like things to be different than they are now?

Name at least one thing you are proud of in your life, past or present. Explain what makes you proud of that.

What is something going right in your life currently? What is something in your life that could use some improvement?

What are some specific steps you can take between now and your next appointment to get closer to reaching a goal?

What is your number one goal for the next six months?

What stands between you and success?

How will today matter five years from now?

What is your greatest skill?

What are you looking forward to?

## DRUG REFERENCE CHART Key Facts about Critical Drugs

DRUG CLASS & DRUG	COMMON PRESCRIPTION BRAND AND NAME	DRUG METABOLITE	DETECTION	TIMES
Amphetamines/ Stimulants			Urine (Days)	Oral Fluid (Hours)
Amphetamine	Adderall <sup>e</sup> , Benzedrine <sup>e</sup> , Dexedrine <sup>e</sup>	Amphetamine	3-5	Up to 36
Methamphetamine	Desoxyn <sup>®</sup> , Vick's <sup>®</sup> Inhaler, Metabolite of Didrex <sup>®</sup>	Methamphetamine, Amphetamine (metabolite)	3-5	Up to 36
Methylphenidate	Ritalin <sup>e</sup> , Concerta <sup>e</sup> , Metadate, Methylin <sup>e</sup> , Focalin	Ritalinic Acid (metabolite)	Up to 2	Up to 36
Anticonvulsants			Urine (Days)	Oral Fluid (Hours)
Gabapentin	Gabaron <sup>©</sup> , Neurontin <sup>©</sup>	Gabapentin	1-2	Up to 36
Pregabalin	Lyrica®	Pregabalin	1-3	Up to 36
Barbiturates			Urine (Days)	Oral Fluid (Hours)
Amobarb tal	Amytal, Tuinal	Amobarbital	4-6	Up to 36
Butalbital	Fiorinal <sup>®</sup> , Fioricet <sup>®</sup>	Butalbital	4-6	Up to 36
Pentobarbital	Nembutal®	Pentobarbital	4-6	Up to 36
Phenobarbital	Belladonna <sup>e</sup> , Luminal <sup>e</sup>	Phenobarbital	Up to 16	Up to 36
Secobarbital	Seconal®	Secobarbital	4-6	Up to 36
Benzodlazepines			Urine (Days)	Oral Fluid (Hours)
Alprazolam	Xanax <sup>e</sup> , Niravam, Xanor <sup>e</sup> , Tafil <sup>e</sup> , Alprolox <sup>e</sup>	Alpha-hydroxyalprazolam	2-4	Up to 36
Chlordiazepoxide	Librium <sup>e</sup> , Tropium <sup>e</sup> , Risolid <sup>e</sup> , Clipoxide <sup>e</sup>	Nordiazepam, Oxazepam, Demoxepam	2-4	Up to 36
Clonazepam	Klonopin <sup>e</sup> , Rivotril <sup>e</sup>	7-aminoclonazepam	2-4	Up to 36
Diazepam	Valium <sup>o</sup> , Apzepam <sup>o</sup> , Vival <sup>o</sup> , Apozepam <sup>o</sup>	Oxazepam, Nordiazepam, Temazepam	2-4	Up to 36
Flunitrazepam	Rohypnol <sup>e</sup> , Fluscand <sup>e</sup>	7-aminoflunitrazepam	2-4	Up to 36
Flurazepam	Dalmadorm <sup>o</sup> , Dalmane <sup>o</sup>	Desalkylflurazepam, Hydroxyethylflurazepam	2-4	Up to 36
Lorazepam	Ativan <sup>o</sup> , Temesta <sup>o</sup> , Lorabenz <sup>o</sup>	Lorazepam	5-7	Up to 36
Medazepam	Nobrium®	Oxazepam	2-4	Up to 36
Midazolam	Versed <sup>e</sup> , Dormicum <sup>e</sup> , Hypnovel <sup>e</sup> , Flormidal <sup>e</sup> , Dormonid <sup>e</sup>	1-hydroxymidazolam	2-4	Up to 36
Oxazepam	Serax <sup>e</sup> , Seresta <sup>e</sup> , Serepax <sup>e</sup> , Sobril <sup>e</sup> , Vapen <sup>e</sup> , Opamox <sup>e</sup> , Oxascand <sup>e</sup> , Vaben <sup>e</sup>	Oxazepam	2-4	Up to 36
Temazepam	Restoril <sup>e</sup> , Normison <sup>e</sup> , Euhypnos <sup>e</sup>	Temazepam, Oxazepam	1-4	Up to 36
Triazolam	Halcion <sup>e</sup> , Novodorm <sup>e</sup> , Songar <sup>e</sup>	Alpha-hydroxytriazolam	2-4	Up to 36
Drugs of Abuse			Urine (Days)	Oral Fluid (Hours)
Bath Salts	N/A	Various		Up to 36
Cocaine	N/A	Benzoylecgonine (metabolite)	1-2	Up to 36
Heroin	N/A	6-monoacetylmorphine (metabolite), Morphine (metabolite)	1-3	Up to 36
Marijuana	Marinol®	Tetrahydrocannabinol (THC)	1-30	Up to 36
MDMA	N/A	MDMA, MDA (metabolite)	3-5	Up to 36

For more information, visit www.cordantsolutions.com, email info@cordanths.com, or call 1-855-895-8099



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DRUG CLASS & DRUG	COMMON PRESCRIPTION BRAND AND NAME	DRUG METABOLITE	DETECTION	TIMES
MDMA (Ecstasy)	N/A	MDMA, MOA (metabolite)	3-5	Up to 36
Nicotine	N/A	Cotinine		Up to 36
Phencyclidine (PCP)	N/A	Phencyclidine (PCP)	3-7	Up to 36
Spice	N/A	Various		Up to 36
Muscle Relaxants	a ser have a start with the start they have	Conference and a second and a second	Urine (Days)	Oral Fluid (Hours)
Carisoprodol	Soma®, Equanil®	Carisoprodol, Meprobamate (metabolite)	1	Up to 36
Cyclobenzaprine	Flexeril <sup>®</sup> , Lisseril	Cyclobenzaprine	3-8	Up to 36
Meprobamate	Soma, Miltown®	Meprobamate	2-3	Up to 36
Opioids			Urine (Days)	Oral Fluid (Hours
Buprenorphine	Buprenex <sup>e</sup> . Suboxone <sup>e</sup> , Subutex <sup>e</sup>	Buprenorphine, Norbuprenorphine (metabolite)	2-4	Up to 36
Codeine	Tylenol <sup>o</sup> 3, Tylenol <sup>o</sup> 4, Tylenol <sup>o</sup> 5	Codeine, morphine (metabolite)	2-3	Up to 36
Fentanyl	Actiq <sup>©</sup> , Fentora <sup>™</sup> , Duragesic <sup>©</sup>	Fentinyl, Norfentanyl (metabolite)	1-2	Up to 36
Hydrocodone	Vicodin <sup>®</sup> , Lorcet <sup>®</sup> , Lortab <sup>®</sup> , Hycodan <sup>®</sup> , Norco <sup>®</sup> , Vicoprofen <sup>®</sup> , Anexsia <sup>®</sup> , Bekadid <sup>®</sup> , Hycodan <sup>®</sup> , Xodol <sup>®</sup> , Dicodid <sup>®</sup>	Hydrocodone, Hydromorphone (metabolite)	2-3	Up to 36
Hydromorphone	Dilaudid <sup>e</sup> , Exalgo <sup>e</sup> , Hymorphan <sup>e</sup> , Laudicon <sup>e</sup> , Novolaudin <sup>e</sup> , Palladone <sup>e</sup>	Hydromorphone	2-3	Up to 36
Meperidine	Demerol <sup>e</sup> , Algil <sup>e</sup> , Alodan <sup>e</sup> , Centrolgin <sup>e</sup> , Dispadol <sup>e</sup> , Dolantin <sup>e</sup>	Meperidine, Normeperidine (metabolite)	1-2	Up to 36
Methadone	Dolophine <sup>®</sup> , Methadose <sup>®</sup>	Methadone, EDOP (metabolite)	2-4	Up to 36
Naloxone	Narcan, Suboxone (combo)	Naioxone	2-4	Up to 36
Oxycodone	Tylox <sup>e</sup> , Percocet <sup>e</sup> , Percodan <sup>e</sup> , OxyContin <sup>e</sup> , OxyIR <sup>e</sup> , Roxicodone <sup>e</sup>	Oxycodone, oxymorphone	2-3	Up to 36
Oxymorphone	Opana <sup>e</sup> , Opana ER <sup>e</sup> , Numorphan <sup>e</sup>	Oxymorphone	2-3	Up to 36
Propoxyphene	Darvocet <sup>o</sup> , Darvon <sup>o</sup>	Propoxyphene, Norpropoxyphene (metabolite)	Up to 7	Up to 36
Tapentadol	Nucynta	Tapentadol		Up to 36
Tramadol	Ultram <sup>e</sup> , Ultracet <sup>e</sup>	Tramadol, O-desmethyltramadol (metabolite)		Up to 36
Other			Urine (Days)	Oral Fluid (Hours
Alcohol	N/A	Ethyl Alcohol	Up to 24 Hours	Up to 36
Alcohoi	N/A	Ethyl Glucuronide	80 Hours	Up to 36
Sleep Aids			Urine (Days)	Oral Fluid (Hours
Zolpidem	Ambien®	Zolpidem	1	Up to 36
Zopiclone	Lunesta®	Zopiclone	1	Up to 36
Tricyclic Antidepressa	ants		Urine (Days)	Oral Fluid (Hours
Amitriptyline	Elavil <sup>e</sup> , Endep <sup>e</sup> , Tryptanol <sup>e</sup> , Etrafon <sup>e</sup>	Amitriptyline, Nortriptyline	4-10	Up to 36
Clomipramine	Anafrinil®	Norclomipramine	4-10	Up to 36
Doxepin	Adapin <sup>e</sup> , Prudoxin <sup>e</sup> , Sine-	Nordoxepin	2-8	Up to 36
Desipramine	Norpramin <sup>o</sup> , Pertofrane <sup>o</sup>	Desipramine	2-11	Up to 36
Imipramine	Tofranil <sup>o</sup> , Imiprin <sup>o</sup> , Deprinol <sup>o</sup> , Presamine	Imipramine, Desiripramine (metabolite)	2-5	Up to 36
Nortriptyline	Aventyl <sup>o</sup> , Pamelor <sup>o</sup> , Sensoval <sup>o</sup> , Nortrilen <sup>o</sup> , Allegron	Nortriptyline	4-19	Up to 36

### NOTE: Detection times in Oral Fluid may extend out to two days depending on drug and extent of use.

Some benzodiazapines are detected into common metabolites such as Nordiazepam and Oxazepam. If a prescribed benzodiazapine is not listed, please consult our toxicologist.

References:

- Disposition of Toxic Drugs and Chemicals in Man. Baselt.
- · Pain Management Testing Reference. White.

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### **Drugs of Abuse Cross Reference Table**

### AMPHETAMINE

Adderall Dexedrine Dextrostat Liquadd Benzedrine Dextroamphetamine Vyvanse

Lisdexamfetamine Fenproporex Amfetamine

### **METHAMPHETAMINE**

Carbex Benzphetamine (Didrex) Deprenyl Desoxyn Eldepryl Ensam Famprofazone Fencamine Gradumet L-Desoxyephedrine Selegiline Zelapar

### **CANNABINOIDS (THC)**

Hempseed Oil Marinol

### BARBITURATES

**Butalbital** Anoquan Axotal Bucet Endolor Esgic Femcet Fioricet Fiorinal G-1 Isocet Isollyl Lanorinal Margesic Medigesic Phrenilin Tencet Two-Dyne **Phenobarbital** Belladonna Bellamine Donnaphen Donnatal Luminal Solfoton

### BARBITURATES (cont)

Secobarbital Seconal Pentobarbital Nembutal Nova Rectal

### PROPOXYPHENE

Darvocet Darvon Dolene Genagesic PC-Cap

Propacet Wygesic

### **BENZODIAZEPINE**

Alprazolam Xanax Alprax Niravam Alprazolam Intensol Lorazepam Ativan Loraz Lorazapam Intensol

### Nordiazepam

(metabolite of) Chlorazepate (metabolite of) Chlordiazepoxide (metabolite of) Diazepam (metabolite of) Medazepam (metabolite of) Prazepam Oxazepam Serax Noripam Ox-pam (metabolite of) Chlorazepate (metabolite of) Chlordiazepoxide (metabolite of) Diazepam (metabolite of) Medazepam (metabolite of) Nordiazepam (metabolite of) Temazepam Temazepam (metabolite of) Diazepam Restoril Chlordiazepoxide Librium Mesural Silibrin Libritabs Librax Tropium

### Flunitrazepam Rohypnol Triazolam Halcion

**BENZODIAZEPINE** (cont)

Clonazepam Klonopin Midazolam Versed Estazolam Prosom Flurazepam

Dalmane

### **METHADONE**

Dolophine Methadose

### **OPIATES**

Codeine Brontex Cheracol Cheratussin AC/DAC Emtec-30 **Guaifenesin AC** Guaituss AC Halotussin AC Lenoltec No. 1, 2, 3, 4 Mytussin AC Nucofed Robafen AC Robitussin A-C Tussi-Organidin NR Tylonol #3 Hydrocodone Alor 5/500 Anexsia Anodynos-DHC Azdone Bancap HC Codiclear DH Syrup Codotuss Liquid Co-Gesic Damason-P Dolacet DuoCet Duradyne DHC Entex Fentuss Expectorant G-Tuss Syrup Hycodan Hycomine Compound Hycotuss Hydrocet Hydrogesic Hydromet Hydropane Hydrotropine Hydrotuss Syrup Hv-Phen



800-348-4422 Cordant

### **OPIATES** (cont)

Hydrocodone (cont) Lorcet Lortab Margesic H Maxidone Medcodin Liquid Norco/ Norcet Panacet Polygesic Repreaxin Stagesic Tussigon Tussionex Vicodin Vicoprofen Vi-Q-Tuss Liquid Vortex Syrup Zydone Hydromorphone Dilaudid Hydromorph Contin Hydrostat Morphine Astramorph PF Injection Avinza DepoDur Dronabinol **Duramorph Injection** Embeda Imfumorph Injection Kadian M-Eslon Morphine Sulfate MS Contin Oral MS/S MS-IR OMS Oral Oramorph SR **RMS Rectal** Roxanol Statex Oxvcodone Combunox Endocet Endodan OxyContin OxyIR Percocet Percodan Roxicet Roxicodone Roxilox Tylox Oxymorphone Oxpana Dihydrocodeine Synalgos-DC

		Substance	Physical		Detection
Drug Name	Street Names	Detected	Symptoms	Dangers	Window
Amphetamines	Speed,	Amphetamine	Loss of appetite,	Paranoia,	2-4 days
	Crosstops,	Methamphetamine	irritability, rapid	severe	
	Crystal, Ice, Meth,		speech,	depression,	
	Crank, Bennies,		tremors, mood	hallucinations,	
	Black Beauties		elevation,	hypertension,	
			dilated pupils,	kidney failure	
Barbiturates	Downers, barbs,	Butalbital,	Sedation, slurred	Rigidity,	1-3 weeks
Barbitaratee	yellowjackets,	Secobarbital,	speech,	seizures, painful	1 0 Weeks
	red devils, barbies,	Phenobarbital,	drowsiness,	muscle	
	rainbows, redbirds	Pentobarbital,	intoxication, rapid	contractions,	
		Amobarbital	pulse, disinhibition	paranoia, suicidal	
		Amobarbitar	disorientation dilated	ideation, coma,	
Benzodiazepines	Downors	Diazepam,	Sedation, slurred	Rigidity,	3-14 days
Delizoulazepilles					5-14 uays
	Roofies, Valium, Librium, Tranks,	Oxazepam,	speech, drowsiness,	seizures, painful muscle	
	Roches	Lorazepam, Alprazolam	intoxication, rapid		
	Roches			contractions,	
		See Reverse for	pulse, disinhibition	paranoia, suicidal	
<u> </u>		more.	disorientation dilated	ideation, coma,	
Cocaine	Coke, crack, blow,	Benzoylecgonine	Appetite	Fever, anxiety,	1-4 days
	nose candy, base,		suppression,	tremors,	
	sugar, powder		euphoria, irritability,	paranoia,	
			increased energy,	psychosis, death	
			shallow breathing,	from convulsions,	
Marijuana	Pot, weed, grass,	11-Nor-∆-9-	Cotton mouth,	Impaired	1-3 days
	dope, reefer, hash,	tetrahydrocannabinol	euphoria, dilated	short- term	light use
	blunt, herb, chronic,	-9-carboxylic acid	pupils, increased	memory, lung	3+weeks
	smoke, maryjane		hunger, nausea,	damage,	heavy use
			laughter, dizziness	psychosis,	
MDMA	E, XTC, adam, hug,	MDA,	Hypersexuality,	Permanent	1-4 days
(Ecstasy)	X, Ecstasy, mandy,	MDMA,	elevated mood,	nerve damage,	
	empathy, mindy,	MDEA	euphoria, "out of	depressed	
	love drug		body" experiences	immune function	
Methadone	Done, junkiejuice,	Methadone, EDDP	Drowsiness,	Suicidal ideation,	1-4 days
	fizzies, phy,	, , , , , , , , , , , , , , , , , , ,	nausea, constricted	convulsions,	
	dollies		pupils, clammy skin,	tachycardia,	
			r - r - , , <b>,</b> - ,	respiratory,	
				depression, coma	
Methaqualone	Quaaludes, ludes,	Methaqualone,	Sedation, slurred	Anxiety,insomnia,	1-7days
mothaquaiono	heroin for lovers,	Quaalude, Meguin	speech,	convulsions,coma	i ruujo
	smarties, mandrake	Quuuluue, meguin	drowsiness,	reduced heartrate	
			confusion, euphoria,	and breathing	
Opiates	Heroin, morphine,	Codeine, Morphine,	Analgesia,	Lethargy, weight	2-7 days
Opiales	china white, horse,	Oxycodone,	euphoria, sedation,	loss, shallow	2-7 uays
				breathing,	Horoin
	smack, tar, lords	Heroin,	nausea, watery	0,	Heroin
		Oxymorphone,	eyes/nose, vomiting	coma, death	<24 hours
Dhonovalidir -	DCD annal duct	Hydrocodone,		Convulsions	17
Phencyclidine	PCP, angel dust,	Phencyclidine	Increased strength,	Convulsions,	1-7 days
	ozone, wack, peace		aggression,paranioa,	muscle rigidity,	light use
	pill, rocket fuel,		tremors, panic,	unpredictable	3+weeks
_	boat, hog	-	visual distortions	behavior, coma	heavy use
Propoxyphene	Darvocet,	Propoxyphene,	Drowsiness,	Liver toxicity,	1-3 days
	Darvon, Propacet	Norpropoxyphene	dizziness,	convulsions,	
			euphoria	cardio/respiratory	
			headache	depression	

# EVIDENCE-BASED DECISION MAKING (EBDM) BEHAVIOR RESPONSE GUIDE (DRAFT)

### Disclaimer

This document is meant to be used by treatment courts as guidance for determining appropriate responses for behavior. Programs will need to personalize the document with information that is program-specific. This document is not meant to limit judicial independence or professional judgment.

Developed by the EBDM Behavior Response Workgroup April 15, 2019

### Determine Participant Responsivity Factors and Reasonable Expectations

Determine the appropriateness of program expectations and participant behavior based on initial needs and barriers, responsivity needs, and criminogenic needs. Based on the chart below, determine if the behavior being required is a reasonable expectation of the participant. If not, the response level will need to be altered. These factors should be considered, but should not be used to exclude a participant from the program.

<b>Initial Needs and Barriers</b> Factors that need to be addressed to increase the participants ability to engage in treatment	<b>Responsivity Factors</b> Individual factors that affect the achievement of treatment goals	<b>Criminogenic Needs (Big 4/Lesser 4)</b> Individual characteristics that directly relate to the likelihood to re-offend and commit another crime
Housing	Anxiety/depression	Anti-social cognition
Clothing	Poor social skills	Anti-social personality
Physical health	• Self-esteem	Anti-social companions
Detoxification	Inadequate problem-solving skills	Family/marital
Transportation	Concrete-oriented thinking	Substance abuse
Child care	Mental illness	Employment
• Self-care	Poor verbal skills	• Education
	• Age, gender, race/ethnicity	Leisure/recreation
	Motivational factors	
	Learning styles	

### Determine Proximal and Distal Goals

Proximal – goals attainable in a short period of time

• Stepping stones toward behavior necessary for long-term objectives to be achieved; participant is already capable of performing; increases motivation; allows ongoing feedback; makes long-term goals more manageable.

Distal – goals accomplished over an extended period of time

• Goals established to support long-term, sustained recovery; increased self-confidence and self-assurance; build resiliency; and assist in identifying strengths and weaknesses.

Distal goals can become proximal as a participant advances in the treatment court program.

### Comprehensive Case Planning

Case planning is intended to reduce risk by targeting criminogenic needs. Case planning also prioritizes interventions based on need. Responsivity factors should also be considered and addressed throughout the program. Case plans should include proximal and distal goals and be updated as risk, needs, and goals change.

### Determine Phase and if Behavior is Related to a Proximal or Distal Goal

Depending on what phase the participant is currently in, determine whether the behavior is related to a proximal or distal goal. It is important to remember that only observable behaviors should be considered. NDCI recommends having 5 phases, minimum days in the phase and minimum days of sobriety before advancing to the next phase.

	<b>Determining Proximal and Distal Behaviors</b> Did the behavior demonstrate commitment towards achieving or departure from the following goals?									
	Phase 1	Phase 5								
	Acute Stabilization	Clinical Stabilization	Pro-social Habilitation	Adaptive Habilitation	Continuing Care					
Proximal	-Attending appointments -Engaging in treatment -Comprehension of program rules -Completing assignments -UA testing -Begin building recovery network -Start changing people, places, and things -Address housing -Building trust and honesty	<ul> <li>-Proximal goals of prior phase</li> <li>-Support group attendance</li> <li>-Building recovery skills</li> <li>-Employment/education plan</li> <li>-Short stretches of sobriety</li> <li>-Continue building recovery network</li> <li>-Address medical issues</li> <li>-Address financial issues</li> </ul>	<ul> <li>-Proximal goals of prior phases</li> <li>-Active employment or attending school</li> <li>-Positive, sober activities</li> <li>-Longer stretches of sobriety</li> <li>-Maintaining recovery network</li> <li>-Begin criminal thinking program</li> </ul>	-Proximal goals of prior phases -Longer stretches of sobriety -Relapse prevention -Maintaining recovery network -Address ancillary services	-Proximal goals of prior phases -Stable housing -Stable employment/school -Alumni group participation -Articulate continuing care plan					
Distal	-Complete abstinence -Employment/education -Maintaining recovery -Stability	-Complete abstinence -Employment/education -Maintaining recovery -Stability	-Complete abstinence -Stability -Maintaining recovery	-Complete abstinence -Stability -Maintaining recovery	-Maintaining recovery					

Some information provided in this chart was used with permission from *Revisiting Phases: Risk Matters*, National Drug Court Institute, January 2017.

### **Determine Behavior Characteristics**

The grids below give recommended response levels based on the client's goals and behaviors. If you are determining positive behaviors that you want to encourage, follow the Graduated Incentives grid. If you are determining negative behaviors that you want to discourage, follow the Graduated Sanctions grid. To use the charts below:

- Determine if the behavior is proximal or distal and frequency of behavior (the rows)
- Determine severity of behavior (the columns)
- The intersection will determine the recommended response level (low, medium, high)

	Graduated Incentives							
	Severity of Behavior							
		Participation Behavior	Engagement Behavior	Pro-Social Behavior				
	First few times behavior is displayed	Medium	Medium/ High	High				
Proximal	Behavior is becoming more frequent	Medium/ Low	Medium/ Low	Medium/ High				
	Behavior is being consistently displayed	Low	Low	Medium				
	First few times behavior is displayed	Medium/ High	High	High				
Distal	Behavior is becoming more frequent	Medium	Medium	Medium/ High				
	Behavior is being consistently displayed	Low	Medium/ Low	Medium/ Low				

Participation Behavior: Behaviors that support direct participation in the associated program

**Engagement Behavior**: Behaviors that demonstrate engagement with the goals of the program outside of the specific setting of the program itself

**Pro-Social Behavior**: Behaviors that demonstrate building relationships with others that encourage the goals of the program

	Graduated Sanctions							
	Severity of Behavior							
		Participation Risk	Sobriety Risk	Public Safety Risk				
	First few times behavior is displayed	Low	Low/ Medium	Medium				
Proximal	Behavior is becoming more frequent	Low/ Medium	Medium	High				
	Behavior is being consistently displayed	Medium	Medium/ High	High				
	First few times behavior is displayed	Low	Low	Medium				
Distal	Behavior is becoming more frequent	Low	Low/ Medium	Medium/ High				
	Behavior is being consistently displayed	Low/ Medium	Medium	High				

### M,M,

Participation Risk: Behaviors that negatively impact participation in the associated program

Sobriety Risk: Behaviors that may contribute to relapse for the client's specific area of intervention

**Public Safety Risk**: Behaviors that may contribute to a public safety concern, both in regards to the program's specific area of intervention and/or more generally

### Factors Influencing Response Level

Once the recommended response level to the violation is determined utilizing the grid, the team should review the aggravating and mitigating factors chart to determine if the response level should be changed. Use professional judgement to determine if there are factors present that could dictate a change in response level.

	Factors Influencing Response Level						
	Mitigating Factors		Aggravating Factors				
•	Lack of compliance due to physical or mental impairment, as validated by a medical professional	•	Violation is directly related to current offense Continued pattern of previous criminal behavior				
•	Actively and consistently has demonstrated positive engagement and progress with treatment court goals	•	Vulnerability of victim or others Extreme cruelty or injury to victim or others				
•	Higher level sanction would significantly de-stabilize positive adjustment	•	Weapon or implied weapon usage Evidence of escalating mental health symptoms and/or				
•	Extenuating personal circumstances/significant life stressors		drug/alcohol addiction				
•	Time span between violation and discovery is substantial	٠	Chronic pattern of violations				
•	Engaged in self-correcting behavior specific to the violation on own volition	•	Escalating pattern of violence Critical threat to self, participant or community safety				
•	Accepting full responsibility for actions/honesty						
•	Coercion/duress/self-defense						
•	Responsivity needs influencing behavior						

Aggravating Factors increase the severity of a behavior. If aggravating factors are present, it may be appropriate to <u>increase</u> the response level. Mitigating Factors decrease the severity of a behavior. If mitigating factors are present, it may be appropriate to <u>decrease</u> the response level.

### Sanction and Therapeutic Response

When holding participants accountable for their behavior, it is important for treatment providers to also evaluate whether an adjustment to the participant's treatment plan is necessary in order to address the behavior. Increased treatment must not be considered a sanction. It is important that therapeutic responses be delivered by the treatment provider to help prevent an aversion to treatment. Programs that do not have the participant's treatment providers as members of the team should ensure treatment providers are notified when sanctions are imposed. This will afford them the opportunity to amend their therapeutic approach as appropriate. Additionally, courts should not impose amendments to the treatment plan (e.g., require the participants to attend additional treatment groups) without first consulting a clinical practitioner.

### Determine the Response

Use the *Incentives and Sanctions* chart to select specific incentives or sanctions based on the recommended response level after considering aggravating and mitigating factors.

TREATMENT COURT INCENTIVES AND SANCTIONS								
High Incentive	Medium Incentive	Low Incentive	Category	Low Sanction	Medium Sanction	High Sanction		
		-"Good effort this week." -"I appreciate you being on time." -"I can tell you are working hard to make improvements."	Verbal*	-"How do you think this behavior has hurt you?" -"Why is it important to be on time?"				
-Phase advancement -Graduation	-Appointment as in- program peer mentor -All-Star list -Fishbowl Drawing -First up in court -Early release from court	-Sobriety chips, keychains, tokens, stones -Handshake, applause -Certificates of achievement -Letters of commendation -Posted accomplishments -Points, stickers	Symbolic Programmatic	-Written assignments -Letters of apology -Court observations -Activity logs -Journaling -Behavior focused homework	-Team Roundtables -Loss of program sobriety time -Community service	-Delay of phase advancement -Phase extension -Termination		
-Travel privileges -Weekend passes -Overnight passes -Ambassadorships -Removal of electronic monitoring	-Less frequent probation/case manager contacts -Less frequent status hearings -Later curfew -Relaxed area restrictions -Self-help group facilitator		Community Liberty or Standing	-Imposed curfew/earlier curfew -Increased person or area restrictions -Increased program contacts	-Holding cell (return at end of day for court) -Community service -Loss of travel privileges	-Electronic monitoring -No contact orders -Home detention -Day reporting -Flash jail sanction (1-5 days) -Loss of leadership position -Saturday reporting		

\* Verbal responses should be focused on specific behaviors, not critiques of the person

Withholding a sanction is also an effective behavior management technique as an incentive for positive behavior. For example, sanctions for drug use might be suspended to reward honesty and help-seeking behavior.

TREATMENT COURT INCENTIVES AND SANCTIONS (CONTINUED)						
High Incentive	Medium Incentive	Low Incentive	Category	Low Sanction	Medium Sanction	High Sanction
-Supervised day trips -Supervised social gatherings -Family Day	-Self-improvement services -Resume writing assistance -Job interview prep -GED assistance -Meal prep or nutritional classes -Yoga or exercise classes	-Toiletries -Clothing	Life Skills	-Written assignments -Video assignments -Obtain ID card -Open a bank account		
-Dismissal of the charge -Vacation of a guilty plea -Reduction in the charge -Avoidance of jail/prison -Curtailment of a probation term -Expungement of arrest of conviction			Legal			-Termination -Revocation of probation -Return to regular criminal justice process for sentencing -Stayed sentencing imposed
-High denomination gift cards -Concert/sports tickets -Tattoo removal -Savings bonds -Home improvement or car repair assistance -Waiver of fines/fees -Gym, health club, YMCA memberships -Bicycles	-Medium denomination gift cards -Movie passes -Haircuts -Makeup/cosmetics -Bowling, skating, other recreational passes -Diapers -Quilts, blankets, towels -Gas cards -Groceries -Intro memberships to gyms or spas	-Low denomination gift cards -Bus token, cab voucher -Healthy foods/candy/gum -Reading/coloring books -Planners -School/art supplies -Frames/picture albums	Tangible		-Monetary fees for associated program costs -Fees for services provided for costs incurred	

Withholding a sanction is also an effective behavior management technique as an incentive for positive behavior. For example, sanctions for drug use might be suspended to reward honesty and help-seeking behavior.



## NATIONAL ASSOCIATION OF DRUG COURT PROFESSIONALS NATIONAL DRUG COURT INSTITUTE

## Lists of Incentives and Sanctions

Please Note: This list includes annotations to offer helpful tips and cautions, garnered from professional experience and research findings, to assist the reader to effectively apply the responses. A list excluding the annotations can be found at ndcrc.org.

The following lists of incentives and sanctions were collected from hundreds of Drug Courts around the country during NDCI training events. This compilation is intended to encourage Drug Courts to think more broadly and creatively about the types of responses they might provide in their own programs. NDCI faculty grouped the responses into conceptually similar categories and in approximate order of magnitude or severity.

*These lists are not intended to be exhaustive. Drug Courts are encouraged to develop their own responses and to gauge the effectiveness of those responses within their programs.* 

*The lists do NOT include therapeutic responses or adjustments to participants' treatment regimens. Treatment adjustments should be based on participants' clinical needs as determined by qualified treatment professionals, and should not be used to reward desired behaviors or to punish undesired behaviors.* 

Finally, the lists do not refer to the specific target behaviors that the incentives and sanctions should be used to address. For example, research indicates lower magnitude rewards should ordinarily be provided for relatively simpler (or proximal) achievements than for difficult (or distal) achievements. Deciding on the most appropriate magnitude of a response to a particular behavior is beyond the scope of this document, but is addressed in several NDCI publications.

# **Ncentives**

#### Low

Verbal Praise

such as attending a full week of

counseling appointments. The

#### MODERATE

**Reduced Supervision** 

#### High

**Supervised Day Trips** 

#### **Requirements** Day trips differ from the social Verbal praise is provided for gatherings described earlier, in most routine accomplishments Participants who have made that they are held off premises. in Drug Courts, including timely substantial progress in Drug Court are Typically, they are reserved for commonly incentivized by reducing attendance at appointments and participants in the last phase of participation in treatmenttheir supervision obligations. For the program who are being related discussions or activities. example, they may be permitted to recognized for leaving the attend less frequent probation This is especially important "offender" role and assuming a appointments or status hearings. during Phase 1 of the program, role of "citizen." Typically, supervision adjustments are when participants have a made when participants advance to a relatively harder time satisfying Examples include: higher phase in the program. basic expectations. • Fishing trips Research cautions that Drug Courts All team members should be Movie outings prepared to offer praise at or should not hold status hearings less Intramural sports frequently than every 4-6 weeks until near the time that • Sporting events participants are in the final phase of accomplishments are achieved; Bowling tournaments • for example, immediately after a the program and have initiated their **Recovery Olympics** productive counseling session or continuing-care plans. Moreover, treatment services should only be a drug-n egative urine test. The judge later reinforces the praise reduced based on a clinical during court hearings. determination that it is therapeutically indicated to do so. Finally, drug testing should not be reduced until after other treatment and supervision services have been reduced, and it is reliably determined that drug use has not recurred as a result. Examples include: Less frequent probation • appointments Less frequent status hearings **Small Tangible Rewards Reduced** Community **Travel Privileges** Restrictions Many participants in Drug Courts In anticipation of commencement are unaccustomed to earning from the program, participants' Many Drug Courts impose curfews positive reinforcement and travel restrictions may be and area restrictions on participants respond well to low-magnitude formally lifted, allowing them to as a condition of entry into the rewards. The rewards are leave the county or state for a program. After participants reliably typically given for basic weekend, extended weekend, or engage in treatment and achieve a accomplishments during the week-long interval. Typically, sustained period of abstinence, they early phases of the program, phone-in s are required to ensure

may be rewarded by reducing those

curfews may be extended from 8:00

community restrictions. For example,

continued contact with the

treatment program or supervision

		0.01
goal is to instill hope and	pm to 10:00 pm.	officers.
encourage compliance with the treatment regimen.	Common examples include:	Common examples include:
The rewards are typically structured so as to increase participants' involvement in productive activities, and may contain pro-sobriety messages, toll-free phone numbers for local treatment services, or the Drug Court's logo.	<ul><li>Later curfews</li><li>Relaxed area restrictions</li></ul>	<ul> <li>Weekend pass out of county</li> <li>Phone check-in s may be required</li> </ul>
Common examples include:		
<ul> <li>Bookmarks</li> <li>Bus tokens</li> <li>Phone cards</li> <li>Healthy foods (e.g., juice, tea, granola bars, fruit, trail mix)</li> <li>Coffee mugs</li> <li>Birthday or holiday cards</li> <li>Books or children's books</li> <li>Planners or calendars</li> <li>School supplies</li> <li>Toiletries</li> <li>Underwear</li> <li>Frames for certificates</li> <li>Picture albums</li> <li>Serenity Stones</li> <li>T- Shirts with inspirational sayings or quotes</li> </ul>		
<b>Recognition in Court</b>	Enhanced Milieu Status	Large Tangible Rewards
Formal recognition is provided in court when participants meet substantial milestones in the program, such as completing a standardized treatment curriculum or achieving 30 consecutive days of sobriety. In addition to verbal praise, participants may receive a handshake from the judge, a round of applause in open court, and/or a certificate of accomplishment. Common examples include: • Handshake from the judge • Round of applause in	As noted previously, many Drug Courts reduce supervision requirements — and, unfortunately, sometimes treatment requirements — as an incentive for good behavior. Participants may, for example, be permitted to leave court immediately after their appearances or attend fewer probation appointments. Although this approach can be effective, it risks precipitating relapse if the services are reduced too rapidly. Moreover, it may reduce opportunities for new participants to interact with their successful peers, because the most successful cases will end up spending the least amount of time on	In the later phases of the program, participants may earn tangible rewards of more substantial value or impact. As is typical, these rewards are used to encourage pro-so cial and healthy leisure activities, or to assist with adaptive activities of daily living. Common examples include: • Commemorative gift issues of the "Big Book" or other readings • Concert tickets • Sports tickets • Autographs (musicians and actors frequently

court • Certificate of accomplishment for achieving a clinically important milestone	site in the program. For these reasons, many Drug Courts <i>elevate</i> the status of successful participants in the milieu, and <i>increase</i> their involvement in the program. For example, participants who have achieved stable abstinence, obtained a job, and are actively involved in the 12-S tep community, may become peer-su pport mentors in the Drug Court or may lead discussions in the group counseling sessions. Typically, they do not interact with new participants outside of the program, but rather serve as on-site mentors where there is concurrent professional supervision. Examples of the names or titles assigned to these positions include: Appointment as in-prog ram peer mentor Assistant group leader Self-help group facilitator All-Star List or Dean's List	offer these as a public service to programs treating addiction) Tattoo removal Yoga or Tai Chi classes Health club memberships Savings bonds Home improvement or car repair assistance Waiver of fines or fees School or tuition fees Donated education courses
Symbolic Rewards Symbolic rewards may be inexpensive, but they have high emotional impact in the recovery community. Due to their symbolic value, they are generally viewed as being higher in magnitude than the small tangible rewards listed above. Typically, they are delivered to commemorate the achievement of a clinically meaningful milestone, such as 90	<b>Moderate Tangible Rewards</b> As noted earlier, many participants in Drug Courts are unaccustomed to positive reinforcement and respond well to tangible rewards. As participants make positive progress in the program, the magnitude of the rewards progressively increases. The rewards typically encourage engagement in productive or healthful activities.	<b>Point Systems</b> Point systems can enable Drug Courts to offer large tangible rewards at a reasonable expense. Rather than earning rewards for each accomplishment, participants earn points or vouchers for satisfying the conditions for phase advancement or other major accomplishments. The points are barled until participants enter
<ul> <li>consecutive days of abstinence.</li> <li>Common examples include: <ul> <li>Sobriety chips</li> <li>Sobriety key chains</li> <li>Sobriety tokens</li> <li>"Live Strong" bracelets</li> <li>Copies of addiction readings such as the AA "Big Book"</li> </ul> </li> </ul>	<ul> <li>Examples of moderate rewards include:</li> <li>Gift certificates (typically \$5 to \$20 value)</li> <li>Movies passes or movie rentals</li> <li>Admission passes to amusement parks or sporting events</li> <li>Introductory memberships to spas or gyms</li> <li>Haircuts</li> <li>Makeup or cosmetic sessions</li> <li>Groceries</li> </ul>	banked until participants enter the last phase of the program, and they can then trade in the points for a substantial prize. Some programs also offer bonus points for unusual accomplishments, such as receiving a job promotion or earning a GED.

<b>Posted Accomplishments</b> Evidence of exceptional accomplishments may be openly posted in the Drug Court. For example, pro-s obriety artwork or essays, photographs of participants receiving a diploma or GED, or letters of commendation from employers, may be publicly displayed in the	<ul> <li>shoes</li> <li>Bowling, skating or other recreational passes</li> <li>Quilts, blankets, towels</li> <li>Watches</li> <li>Calling cards</li> <li>Gas cards</li> </ul> <b>Fishbowl Drawings</b> Many Drug Courts are stretched for resources and may have difficulty offering rewards of more than minor value. The "fishbowl procedure" allows Drug Courts to provide tangible rewards at lesser cost. Rather than earning tangible rewards for each accomplishment, participants earn <i>chances</i> to draw paper slips from	Ambassadorships Ambassadorships are typically reserved for graduates or individuals making stellar progress in the program. This status enables participants or alumni to represent the Drug Court to outside agencies, such as the public, church groups, legislators, or the media.
<ul> <li>courtroom, treatment program, or probation office.</li> <li>Common examples include: <ul> <li>Pro-s obriety artwork or writing essays displayed in the courtroom, treatment program or probation office</li> <li>Photos of participants receiving GEDs or other awards</li> <li>Letters of commendation from employers or teachers</li> </ul> </li> </ul>	a fishbowl. The slips award a combination of some tangible prizes and a greater percentage of non- tangible incentives, such as certificates of accomplishment. There may also be 1 or 2 prizes of substantial value (\$25 to \$50), but the odds of drawing them are small. Research indicates that the <i>opportunity</i> to earn a substantial reward can be as reinforcing, or more reinforcing, than earning smaller rewards each time. It also adds entertainment value for persons who typically lack pleasurable, pro-social activities in their lives.	Commonly, the participants first take classes or sessions to prepare them for public speaking, and to assist them to tell their stories effectively and in a manner that is comfortable for them.
	A major advantage of this approach is that participants can earn multiple rewards in the same week (i.e., multiple draws) without incurring undue costs to the program. For example, participants may earn separate draws for attending counseling sessions, delivering drug- negative urine samples, and appearing in court.	
Written Commendations	Self-Improvement Services	Commencement Ceremony
Written commendations may be shared by participants (assuming they choose to do so) with outside parties, such as	Self-impro vement services differ from the routine interventions provided to all participants. These are personalized services designed to help	Virtually all Drug Courts put great thought and effort into their commencement or graduation ceremonies.

<ul> <li>employers, family members, or school administrators. They typically inform "to whom it may concern" that the participant has achieved a substantial period of stable sobriety and law-abiding behavior. Because the participant has "turned a corner" and made a significant shift in progress, he or she might be trusted to return to previous activities or roles, assuming that supervision and treatment in the Drug Court will continue.</li> <li>Common examples include: <ul> <li>Letters of Attainment from the judge</li> <li>Progress Reports or Report Cards from treatment providers or probation officers</li> </ul> </li> </ul>	<ul> <li>participants excel in productive lives, and are used to highlight substantial progress participants have made towards assuming pro-social life roles. The implicit message is that the program is investing in the participant's future accomplishments.</li> <li>Common examples include: <ul> <li>Resume writing assistance</li> <li>Dress for Success</li> <li>Job interview preparation classes</li> <li>Pre-vocational assistance</li> <li>GED, literacy, or educational assistance</li> <li>Public speaking pointers</li> <li>Meal preparation or nutritional classes</li> <li>Yoga or exercise classes</li> </ul> </li> </ul>	<ul> <li>Elements of the ceremonies include:</li> <li>Robes and "Pomp and Circumstance"</li> <li>Flowers, plaques, and framed diplomas</li> <li>Pictures taken with the staff and judge</li> <li>Delivering thankfulness speeches</li> <li>Hearing speeches from local or national celebrities and politicians</li> <li>Words of redemption and congratulation from the arresting police officer</li> <li>Media coverage or interviews bearing witness to graduates' success</li> </ul>
	Supervised Social Gatherings Participants who have begun to assume appropriate life roles may earn inclusion in social gatherings coordinated by the Drug Court staff. These events are designed to provide healthy recreational experiences and opportunities for participants to practice appropriate social interactions in non- drug-related situations. Common examples include: Picnics or parties Sober dances Recovery games or activities Picture day (formal portraits taken) Family day (food and games provided to invited family members and friends)	Legal Incentives Commencement from Drug Court virtually always leads to substantial legal incentives. Common examples include: Dismissal of the charge(s) or vacation of a guilty plea Reduction in the charge(s) Reduction of the sentence Avoidance of jail or prison Curtailment of a probation term or "tail" Consolidation of multiple probationary terms Expungement of the arrest or conviction record



#### Low

#### MODERATE

#### High

#### Verbal Admonishments

Verbal admonishments may be delivered by any staff member and are ideally delivered at or near the time an infraction has occurred; for example, immediately after a missed counseling appointment or drug-positi ve urine test. The judge later reinforces the admonishment during court hearings.

Research indicates admonishments should never be delivered in a disrespectful, insulting, or threatening manner. The important points are to: (a) clarify the nature of the infraction, (b) emphasize the expectation of compliance in the program, (c) indicate what sanctions await future transgressions, and (d) consider what alternative actions the participant should take in the future.

### Letters of Apology

Participants may be required to write letters of apology to the program or persons they have negatively impacted. They are typically asked to describe their non- compliant or inappropriate behavior, analyze what went wrong, and consider how they will react differently in the future.

Sometimes, participants are required to read the letter in court or during a counseling session. This decision is based on the severity of the infraction, and whether there are any clinical

#### Increased Supervision Requirements

Participants may be required to attend more frequent probation appointments, case management sessions, or status hearings in court.

They may also be required to undergo more frequent drug testing, or more frequent home or community visits by probation officers or other supervision agents.

Common examples include:

- More frequent probation appointments
- More frequent status hearings

#### **Day Reporting**

Participants may be required to go to a day-repo rting center, correctional halfway center, or probation program on a daily basis for several hours each day, often including weekends. Required activities may include drug testing, counseling sessions, cognitive-be havioral "criminal thinking" interventions, and job training. The purpose is to substantially restrict and structure participants' free time.

Common example includes:

• Several hours per day or week at probation office or other reporting center probation appointments

#### **Electronic Surveillance**

Participants may be required to wear an anklet monitoring device, SCRAM® detection device, or other GPS or phone monitoring device.

Common examples include:

- Ankle monitor
- SCRAM® device
- Car interlock device

contraindications to having the participant speak in public or publicly disclose the nature of the event. For participants who are illiterate or have difficulty writing or staying cognitively focused, tape recordings may be used in lieu of written letters.		
Essay Assignments	Useful Community Service	Home Detention
Essays are typically longer than letters and may require some degree (typically minor) of independent research. Staff members generate a list of topics relevant to recovery, and develop a "lending library" of easy-to-dig est pamphlets, fact sheets, audio tapes and books on those topics. Common topics may include: • Definition of recovery • Relapse triggers • Drug refusal skills • Managing cravings • Lying and dishonesty • The disease of addiction • The impact of addiction • The role of treatment • The role of peer support groups *Tape recordings may be used in lieu of writing assignments for participants who are illiterate or have difficulty writing.	Community service keeps participants supervised and away from problematic interactions in their neighborhoods. It may also teach useful or adaptive life skills, provide a sense of accomplishment, and offer an opportunity to make restoration to the community. The severity of the infraction(s) usually determines the number of hours in a day, and the number of days, the participant must report for community service. Common examples include: • Set up for or clean up after treatment sessions, court sessions or graduation ceremonies • Wash police cars • Clean the jail, courthouse, treatment facility or probation office • Pick up trash on the roadside • Sweep gyms or other facilities • Clean animal shelters • Assist with Habitat for Humanity • Work in a soup kitchen • Staff community events • Clean Sheriff's horse stalls	Participants may be required to remain in their homes except for specifically authorized activities, such as work, school, or treatment appointments. Compliance with the curfew is typically enforced via random telephone monitoring calls with voice confirmation, anklet monitors, or random home visits by probation officers Common example includes: • Phone monitored curfew
Daily Activity Logs	Monetary Fines or Fees	Flash Jail Sanctions
Participants may be required to carefully plan out in advance the activities they expect to engage in during the coming week. Then, they use an activity log or spreadsheet to	Monetary <i>fines</i> are often set by law for particular offenses, and in some jurisdictions may not be increased for technical violations or other infractions. In contrast, <i>fees</i> are typically assessed	Research reveals that "flash" jail sanctions of no more than approximately 3 to 5 days can be effective at reducing noncompliant behavior. If, however, jail sanctions are

<ul> <li>monitor their compliance with, and deviations from, the intended schedule. This information is reported back to staff and the court, and used to identify problematic times and situations in which drug use or other infractions are likely to occur. Contingency plans are then developed to avoid such problematic situations.</li> <li>Activity logs are commonly used for participants who are resistant to thinking in advance about their actions, or who engage in impulsive decisionmaking.</li> <li>Common example includes: <ul> <li>Monitor and report on adherence to pre-set daily routine</li> </ul> </li> </ul>	for services provided to participants or for costs incurred by the program. For example, participants who challenge positive drug tests may be required to pay the costs of retesting if the positive test results are confirmed. Similarly, participants might be charged for missed counseling sessions (although perhaps not for attended sessions if they are on a sliding payment scale). It is important not to allow fines or fees to build up beyond participants' realistic ability to pay. Once the ability to pay has reached a ceiling, the use of non- monetary sanctions is preferable.	<ul> <li>imposed too frequently, for minor or first-time infractions, or for longer intervals of time, they can quickly become ineffective and cost-prohibi tive.</li> <li>Commonly, the first (or perhaps second) time a jail sanction is imposed, participants are permitted to serve the sanction at a relatively convenient time, such as over a weekend, during consecutive weekends, or after arrangements for childcare or other obligations have been made. The purpose is to avoid interfering with productive and pro-social obligations. After repetitive infractions, however, participants might be taken directly into custody without an opportunity to prepare.</li> <li>Common examples include: <ul> <li>Ideally 1 to 5 days</li> <li>May be served on weekend or other pre- planned time</li> </ul> </li> </ul>
Journaling	Holding Cell	Termination
Journaling focuses on more than events or schedules. Participants also monitor and document their thoughts, feelings and attitudes through descriptive writing assignments. This information is used to identify emotional triggers for drug use and topics for discussion in counseling. Journals are often used for participants who are non- insightful, and who tend to act out before they think about their motivations for doing so. Common example includes: • Monitor and report on thoughts, feelings and attitudes associated with drug use or antisocial activities	<ul> <li>Participants may be escorted by the bailiff or sheriff's deputy to a holding cell adjacent to the courtroom or elsewhere in the courthouse. The participant may be held in the cell for the remainder of the court session and then brought back for an appearance at the end of the day. The purpose is to give the individual a "taste" of detention without incurring the costs of transportation or having the individual processed into the jail.</li> <li>Common example includes:</li> <li>Remain at courthouse and return for status review at end of court session</li> </ul>	The ultimate sanction in Drug Court ensues from an unsuccessful termination. Participants may receive a criminal record of a conviction, with attendant collateral consequences such as ineligibility for certain public benefits. Participants may subsequently be sentenced on the original charge(s), have their probation or parole revoked, or receive a jail or prison disposition. Depending on the jurisdiction and the nature of the waivers that are executed to enter the program, participants may, or may not, receive credit for time served in the Drug Court. They also may, or may not, receive an augmented sentence or disposition as a result of their failure to comply with the Drug Court requirements.

Life Skills Assignments	
Participants may be required to investigate how to accomplish a specific task of daily living. They may need to gather relevant information from staff members, other participants, family members and friends; engage in preparatory actions; develop a plan of action; receive feedback on their plan of action; execute the plan; and take corrective steps, where needed.	
The task is logically linked to areas of difficulty in the participant's adaptive functioning.	
Common examples include:	
<ul> <li>Open a bank account</li> <li>Obtain a state identification card</li> <li>Reinstate a drivers license</li> <li>Enroll in GED, H.S. or college classes</li> <li>Prepare for or conduct a job search</li> </ul>	
"Jury Box" Observation	
Many Drug Courts require noncompliant participants to sit in the jury box or other designated area of the courtroom to observe the Drug Court proceedings for a day, several days, or a week. This is frequently used to keep participants away from problematic interactions in their neighborhoods. It is also used for participants who tend to be untruthful in their interactions with staff, because they can see how manipulative behaviors appear to observers.	
For more serious or repetitive infractions, participants may be required to observe non-dru g	

court proceedings, such as bail hearings or criminal trials. The purpose here is to witness what happens to individuals who do not succeed in Drug Court or who are processed through traditional criminal justice channels.	
Increased Community Restrictions	
The Drug Court may impose additional curfews, area restrictions, association restrictions, or restricted driving privileges. For example, participants may be forbidden from associating with particular individuals, going to particular neighborhoods, being out of their homes after 8:00 pm, or driving their car for purposes other than for work or school.	
Unless curfews are phone- monitored, and unless probation officers, community corrections officers or the police monitor participants' obedience to other restrictions, they may be expected to have little effect.	
Common examples include:	
<ul> <li>Earlier curfew</li> <li>Increased person or area restrictions</li> </ul>	
Team Round-Tables	
Team round-tables are typically used for participants who are in danger of failing out of the Drug Court due to noncompliance with basic expectations, such as failing to show up for counseling sessions or being untruthful.	
The entire Drug Court team meets with the participant to offer feedback and direction from multiple sources in a cohesive and unified way. This	

is often effective in reducing	
splitting and triangulation of	
staff by manipulative	
individuals.	

#### Denver Drug Court

#### SANCTIONS AND INCENTIVES

Sanctions are the imposition of a consequence, perceived as negative by the receiver, as a direct result of a prohibited activity. Incentives are responses to compliance, perceived as positive, by the receiver. At each court review hearing, participants <u>may</u> be subject to sanctions or incentives based on their performance and program compliance for the reporting period. Both compliant and noncompliant behaviors may be addressed with incentives and sanctions ordered to reinforce the participants' choices and behaviors. The noncompliant behaviors, that are proximal behaviors, receive more severe sanctions. When ordering Sanctions, the judge considers the number of previous sanctions, the participant's current phase level, and the participant's attitude and admittance of the behavior. Sanctions are intended for immediate imposition and should be graduated per episode of non-compliance. Incentives are awarded to recognize participants for their efforts in recovery and to reinforce their positive behaviors. Incentives are granted on an as-earned basis.

The table below outlines the schedule of responses to a variety of behaviors. The judge may choose any of the below listed incentives or sanctions after considering an individual's behavior and case history.

RESPONSES TO BEHAVIOR		
ACHIEVEMENTS	INCENTIVES	
<ul> <li>Attending all court appearances</li> <li>Negative drug test results for period of time</li> <li>Attendance and participation in treatment</li> <li>Attendance and participation in support meetings</li> <li>Completion of GED</li> <li>College enrollment and attendance</li> <li>Job promotion</li> <li>Compliance with treatment/supervision plan</li> <li>Voluntary Speaking Engagements</li> <li>Artwork, Essays, Journals</li> <li>Phase Advancement</li> </ul>	<ul> <li>Recognition and Praise by the Judge</li> <li>Courtroom recognition/STAR Board</li> <li>Certificates of achievement</li> <li>Buss Passes</li> <li>Movie/Event tickets or gift cards</li> <li>Reduction in Fines and Costs</li> <li>Reduction in UPS</li> <li>Decreased court appearances</li> <li>Phase advancement</li> <li>Voucher Assistance</li> <li>#1 on Docket of Choice</li> <li>Haircut/manicure/pedicure</li> <li>Food /Grab Box</li> </ul>	
CHOICES	SANCTIONS	
<ul> <li>Missed court appearances</li> <li>Missed appointment with probation officer</li> <li>Missed support meetings</li> <li>Violation of court order</li> <li>Positive drug test</li> <li>Missed drug test (considered a positive drug test)</li> <li>Tampered drug test</li> <li>Missed treatment</li> <li>Inappropriate behavior at treatment facility</li> <li>New DUI or felony conviction</li> <li>Driving while license suspended/revoked</li> <li>Failure to perform sanctions</li> <li>Noncompliance with treatment plan</li> <li>Dishonesty</li> </ul>	<ul> <li>Reprimand from the Judge</li> <li>Increased court appearances</li> <li>Increased drug testing (Colorline)</li> <li>30 support meetings in 30 days</li> <li>Day Reporting to Probation, Court or facility</li> <li>Curfew Imposed</li> <li>Increase Probation Office Visits</li> <li>Work Release</li> <li>Additional community service hours</li> <li>Essay presented to Judge or gallery</li> <li>Attendance at Orientation, Graduation or docket</li> <li>Area/Association Restriction</li> <li>Placement on EHM, GPS or SCRAM</li> <li>Saturday Work Program</li> <li>Sentence to Jail 1 to 30 days</li> <li>Delay in Phase change or regress to a prior Phase</li> </ul>	



## Sample New Staff Orientation Sheet for Drug Court

Welcome to your new role with Drug Court. Please complete the following check-list to learn about Drug Courts and how your role on the team can positively change lives.

### **Received/Read the Policy Manual**

### **Received/Read Participant Handbook**

o Understand the Phase Structure & Phase Requirements

#### **Review the Courses on Treatment Courts Online <u>www.treatmentcourts.org</u>:**

NDCI Training Videos Role of Probation Officer Drug Testing Trauma Informed Care Role of Defense Attorney Building Capacity Role of Treatment Provider Moral Reconation Therapy Drug Use and Addiction Incentives & Sanctions Confidentiality Role of the Prosecutor Role of Coordinator ASAM Criteria Cultural Competency Maximizing Participant Interactions Procedural Fairness Evidence-Based Practice

### **Review the Following NADCP Publications:**

- Adult Drug Court Best Standards Volume I & II https://www.ndci.org/resources/publications/standards/
- Targeting the Right Participants for Adult Drug Court <u>https://www.ndci.org/wp-content/uploads/Targeting\_Part\_I.pdf</u>
- Behavior Modification 101 for Drug Courts: Making the Most of Incentives and Sanctions

https://www.ndci.org/wp-content/uploads/BehaviorModification101forDrugCourts.pdf

 Six Steps to Improve Outcomes for Adults with Co-Occurring Disorders <a href="https://www.ndci.org/wp-content/uploads/C-O-FactSheet.pdf">https://www.ndci.org/wp-content/uploads/C-O-FactSheet.pdf</a>

Complete the Essential Elements of Adult Drug Courts online training https://courses.ncsc.org/course/NDCI\_Essentials

Sign Up for the Latest Trainings, Publications, Webinars and NADCP Events!

Visit <u>www.ndci.org</u> for more information

